



Resources for Families in Reedsport and Douglas County

Family Resource Center

The Family Resource Center is a combined effort of *Lower Umpqua Hospital and the Reedsport School District*.

The Family Resource Center strives to connect people in coastal Douglas County to the information, resources and Services that they may need. It also provides agencies and organizations the opportunity to better reach and more efficiently serve this community.

At the Family Resource Center you can:

- Find out about applying for food stamps and Oregon Health Plan
- Get information about subsidized housing
- Pick up DMV manuals and forms
- Talk to a SHIBA volunteer about Medicare
- Pick up dental and vision applications for those with limited income
- Sign up on the wait list for furniture and appliances
- Find information about counseling and support groups
- Get answers to most questions about local services & programs\

Location

Family Resource Center is located at 5 Saint John's Way, Reedsport, OR 97467

Telephone (541) 271-9700

Fax (541) 271-9502

Email: frc@luhonline.com

Hours of Operation - Mon - Fri 9am - 5 pm, closed for lunch

Community Needs Survey

As a Critical Access Hospital, Lower Umpqua Hospital surveys the residents of the community served by LUHD to find out what you like about our services and what you'd like to see changed or added. To be part of the 2017 Community Needs Survey, please take the survey [here](#). If you provide your name and phone number, you will be entered into a drawing for one of four \$50 gift cards to Safeway, McKays, or Riverbanks Speedy Mart. Entries must be received by July 31, 2017.

Employment

Express Employment Professionals
General Employment Placement
3019 NW Stewart Pkwy, Roseburg, OR 97471
Cross Streets: Between NW Mercy Drive and NW Edenbower Blvd
expresspros.com
(541) 673-3332

Oregon Unemployment Offices
To apply for unemployment in Oregon you will need to call to set up a new unemployment claim. If you've already got an existing unemployment claim in Oregon, you may also use the following information for inquiries regarding your claim
To Apply Online: http://www.oregon.gov/EMPLOY/UI/claim_filing_info.shtml

Regional Vocational Rehabilitation Center
Coos, Curry, and Douglas counties
2020 NW Newcastle St Roseburg OR 97471
Amy Kincaid, Branch Manager
amykincaid@state.or.us
(541) 440-3371

Food Stamps, Cash Assistance (TANF) and OHP (Oregon Health Plan)

Applications for food stamps and OHP are available at the Family Resource Center. Please be sure your application is completed and all requested documents are in order before your intake appointment with a DHS case worker.
59 years or younger: 3180 Hwy 101 Florence
Call 541-271-4667 for an intake appointment at the Family Resource Center or you may go to the Florence DHS office (an appointment is necessary).

Reedsport Food Box and Meal Sites
"Project Blessing" (food box)
United Presbyterian Church
2360 Longwood Drive
Wednesdays, 1-2pm

"Food Pantry" (food box) - AARP
Painted building at Henderson Park (Railroad & Greenwood)
Thursday's 11am-2pm; must have proof of income. Eligibility is based on monthly household income and number in household.

"Soups On & More" (meal site and home delivery)
Covenant United Methodist Church
3520 Frontage Rd.
541-271-3838

"Soups On" meal served Wed's Noon to 1pm. In home meal delivery offered to shut-in's and handicapped 60 years and younger. Deliveries are scheduled for Tue, Thur, and Fri's. All meals are free, however donations are gladly accepted.

Living Assistance for the Disabled

Community Living Case Management
Developmental Disabilities Services
2550 NW Edenbower Blvd,
Roseburg, OR 97471
Phone: 541-315-4300

Low-Income, Affordable Housing

Housing Authority of Douglas County (HUD)
902 W Stanton
Roseburg, OR 97470
1-541-673-6548 or 1-800-398-0312
Applications are available at the Family Resource Center
(Landlords who handle rental assistance programs directly with HUD use their own application forms)

Forest Hills Apartments (1, 2 & 3 bedroom family units)
2655 Frontage Road, Reedsport
541-271-4441

Woodland Apartments (1 & 2 bedroom)
2401 Longwood, Reedsport
541-271-2361

Rental Assistance

United Community Action Network (UCAN)
1-541-492-3926
Must be income qualified
Must not be receiving subsidized housing
Must not be in transitional housing
Calls will be received on the first Monday of every month, 9-10am, ONLY. The first 10 callers will receive a return call within 72 hours.

Energy Assistance (LIEAP) of Douglas County

United Community Action Network (UCAN)
1-800-301-8226 or 1-541-672-5755
NOTE: Funds are not always available for regular or emergency assistance. Contact either UCAN or the Family Resource Center at 541-271-9700.

Legal Resources

Legal Aid Services of Douglas County
700 SE Kane St., Roseburg
1-541-673-1181

The Don Mills Family Law Resource Center
1036 SE Douglas St., Roseburg
1-541-957-2403 or 1-541-957-2405

The Center helps you find a lawyer, file divorce and custody papers, develop a parenting plan, resolve disputes, access child support services and enroll in court required parent education classes. Low cost.

Paralegal Services Maureen Martin (Coos Bay)
1-541-269-7129

A non-lawyer self-help service for legal procedures you can handle yourself with the proper legal forms for divorce, wills, trusts, step-parent adoptions, bankruptcies, contracts and deeds. Not a free service.

Health Resources

Dunes Family Health Care (Board certified physicians are on staff)
620 Ranch Rd.
541-271-2163

Reedsport Medical Clinic (Board certified physicians are on staff)
385 Ranch Rd.
541-271-2119

Waterfall Clinic
1890 Waite, Suite 3, North Bend
Sliding scale on medical issues for men, women and children who have no medical insurance.
541-751-7842

Douglas County Health Dept. Annex (Reedsport)
680 Fir Ave.
Immunizations, family planning, HIV prevention and testing, contraception management and contraceptive supplies, mental health. Call for hours and times of operation.
541-271-4835

Lower Umpqua Hospital
600 Ranch Rd.
Surgery, radiology, diagnostic lab, ambulance and emergency room services. Appointments are available with specialists.
541-271-2171

Lions of Oregon

Eye Exam, Eyeglass, and Hearing Program

Offering free hearing and eye services for people of low-income. Programs are offered when funding is available. Applications are available at FRC.

Medical Teams International Dental Van

Basic dental procedures provided (extractions & fillings). Van schedule varies; call the Family Resource Center for future dates. Applications are available at FRC.

Free Blood Pressure Clinic

Sponsored by: Lower Umpqua Hospital

Counseling / Mental Health Therapy

Douglas County Health Department (Reedsport)

680 Fir (Court House Annex)

Provides mental health counseling to qualified OHP recipients.

Open Monday-Tuesday 8am - 5pm

541-271-4835

Jennifer Rossi, PhD.

Counseling available for adolescents, adults, individuals and couples. Clients can be seen Fridays at the Family Resource Center by appointment. Insurance accepted (no OHP).

1-541-662-0527

NAMI (National Alliance on Mental Illness)

1-800-343-6264

Waterfall Clinic

1890 Waite, Suite 3, North Bend

1-541-751-7842

Counseling provided on a sliding scale fee for individuals who have no insurance.

Resources for Women and Children

Women's Safety & Resource Center

1681 Newmark Ave., Coos Bay

24 hour crisis line: 1-541-756-7000 or 1-541-997-3687

Provides safety, shelter, education, and empowerment for abused women and children. No charge.

Siuslaw Area Women's Center Outreach Services

1576 W 12th St., Florence

24 hour crisis line: 1-541-997-2816 or 1-541-997-3687

Crisis, resource and referral help line available toll free from 541 area codes. No charge.

WIC (Women, Infants & Children)

680 Fir (Court House Annex)

A special supplemental nutrition program that covers nutrition education that helps families identify healthy food choices that work for them. Includes vouchers to buy foods that help keep the mother and child healthy and strong.

541-271-4835

Women's Meeting

Reedsport Presbyterian Church

2360 Longwood Dr.

Tuesday: 5:45-6:45pm / Friday: 10am

Third Thursday: 10am - Noon at Reedsport Senior Center, 460 Winchester Ave.

Second Wednesday: 11am - Noon at Winchester Bay Community Center, on Broadway next to the Fire Hall.

Third Wednesday: 10 - 11am at Gardiner Fire Hall, 208 Marsh Street, Gardiner.

CASA of Douglas County | 545 W Umpqua St., Ste. #2 | Roseburg, Oregon 97471 Phone: 541-672-7001 | Fax: 541-440-3880

"Our mission is to provide children who have been abused or neglected and are now in foster care, with qualified, compassionate advocates who will fight for and protect children's fundamental right to be safe, to be treated with dignity and respect, and to learn and grow in the safe embrace of a loving family".

Transportation Assistance

Dial-A-Ride (City of Reedsport)

1-888-232-2121

Hours: 9am to 4:30pm

Serving a five mile radius from Reedsport, Monday through Friday. Preference is given to seniors and people with disabilities (van is equipped to transfer wheelchair patrons), but the general public can also schedule rides. Schedule rides as early as possible to ensure getting the pick up and drop off times you need. Fare is \$1 per ride; per person (return trip and caregivers are free).

Porter Stage Lines

275 N Broadway, Coos Bay

1-541-269-7183

Stops in Reedsport on its route to Eugene. Call for fare and schedules.

Coos County Area Transit (CCAT)

1-541-267-7111

CCAT offers bus service between Coos Bay and Reedsport every Wednesday. The service schedule will provide two roundtrips between Coos Bay and Reedsport. Roundtrip fare is \$8. Call for pick up locations and times.

C.B. Taxi Service

541-271-2244 or 541-707-4464

C.B. Cab charges each way for trips in Reedsport, Winchester Bay or Gardiner. Special rates for Seniors and People with Disabilities may apply.

TransLink

Transportation is available for OHP Plus and Title 19 (Medicaid) recipients who need a ride for medical reasons. Call to schedule a ride and to verify eligibility. Rides should be scheduled at least 2 business days in advance. 1-888-518-8160 or 1-541-842-2060

Disabled American Veterans (DAV) Transportation

1-800-549-8387 Ext: 44358 or 41293

The van comes from Florence and will only stop in Gardiner, Reedsport and Winchester Bay if someone calls to schedule a pick up.

Clothing Assistance

Ranch Road Church of Christ

3645 Frontage Rd., Reedsport

541-271-3838

Free clothing available for men, women, and children every 2nd & 4th Wednesday of every month, 2 to 5pm.

Coos Bay Seventh Day Adventist Church

2175 Newmark, Coos Bay (Near WalMart)

Clothing is given away on the west side of the church every Tuesday 11:30am to 12:15pm.

541-756-7413

Shelters

Salvation Army

1155 Flanagan Ave., Coos Bay (Empire Area)

541-888-5202

Clothing is available to low income applicants Mon-Fri, 9:30am to Noon, w/ a clothing voucher, ask to speak to the caseworker.

Saint Vincent de Paul

2315 Hwy 101, Florence

1-541-997-8460

Clothing and household items may be available by application for a voucher. Applications available at the Florence Store.

T.H.E. House

745 Coos Bay Blvd., Coos Bay

541-267-5331

Temporary shelter provides services to homeless men and women.

South Coast Gospel Mission
1997 7th St., Coos Bay
541-267-5017
Shelter for homeless men, women and children.

The Warming Center
Covenant United Methodist Church
3520 Frontage Rd., Reedsport
541-271-3771 pastorjim@pcinw.com
Overnight shelter, dinner & breakfast provided when outside temperature is 32 degrees
and under.

Support Groups

AA Meetings
Episcopal Church (red door) - Gardiner
Monday: 7-8pm, Wednesday: Noon-1 pm

Coos Bay Recovery Support Group
Free program for adults living with mental illness.
For more information call Brenda Sullivan at 1-541-888-3202