

### Menus are subject to change

#### Fresh Fruits and Vegetables available daily



This is an equal opportunity provider

HES Breakfast 23/24 Breakfast

Reedsport School District 105

Mon	Pive !	Tue	Wed	Thu	Fri
1/2	1/2024	1/2/2024	1/3/2024	1/4/2024	1/5/202
		Main Entree  WG Bagel  WG Cereal  Yogurt Basket  WG Pancake  Fruit  Dried Fruit Mix  Blueberries  Milk  Milk  Milk, Chocolate  Dessert	Main Entree  WG Bagel  WG Cereal  Yogurt Basket  WG Banana Bread  Fruit  Dried Fruit Mix  Banana  Milk  Milk  Milk, Chocolate  Dessert	Main Entree WG Bagel WG Cereal Yogurt Basket Yogurt Fruit Parfait Fruit Dried Fruit Mix Fruit Cups Milk Milk Milk, Chocolate Dessert	Main Entree WG Bagel WG Cereal Yogurt Basket French Toast Sticks Fruit Dried Fruit Mix Oranges Fresh Milk Milk Milk, Chocolate Dessert
		Cream Cheese	Cream Cheese	Cream Cheese	Cream Cheese
	8/2024	1/9/2024	1/10/2024		1/12/202
Main Entree WG Bagel WG Cereal Yogurt Basket Pizza Breakfast		Main Entree WG Bagel WG Cereal Yogurt Basket WG Eggo Mini Waffles	Main Entree WG Bagel WG Cereal Yogurt Basket Wg Pumpkin Bread	Main Entree WG Bagel WG Cereal Yogurt Basket WG Muffin, Strawberry	
Fruit		Fruit	Fruit	Fruit	
Dried Fruit Mix Blueberries		Dried Fruit Mix Banana	Dried Fruit Mix Fruit Cups	Dried Fruit Mix Apple Sauce	
Milk		Milk	Milk	Milk	
Milk Milk, Chocolate		Milk Milk, Chocolate	Milk Milk, Chocolate	Milk Milk, Chocolate	
Dessert		Dessert	Dessert	Dessert	
Cream Cheese		Cream Cheese	Cream Cheese	Cream Cheese	





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Mon	Tue	Wed	Thu	Fri
1/15/202	4 1/16/2024	1/17/2024	1/18/2024	1/19/2024
	Main Entree WG Bagel WG Cereal Yogurt Basket WG Pancake	Main Entree WG Bagel WG Cereal Yogurt Basket French Toast Sticks	Main Entree  WG Bagel  WG Cereal  Yogurt Basket  Yogurt Fruit Parfait	Main Entree  WG Bagel  WG Cereal  Yogurt Basket  WG Banana Bread
	Fruit Dried Fruit Mix Banana Milk	Fruit Dried Fruit Mix Blueberries Milk	Fruit Dried Fruit Mix Apple Sauce	Fruit Dried Fruit Mix Fruit Cups Milk
	Milk Milk, Chocolate Dessert	Milk Milk, Chocolate Dessert	Milk Milk, Chocolate Dessert	Milk Milk, Chocolate Dessert
	Cream Cheese	Cream Cheese	Cream Cheese	Cream Cheese
1/22/202	4 1/23/2024	1/24/2024	1/25/2024	1/26/2024
Main Entree WG Bagel WG Cereal Yogurt Basket Pizza Breakfast	Main Entree WG Bagel WG Cereal Yogurt Basket WG Eggo Mini Waffles	Main Entree  WG Bagel  WG Cereal  Yogurt Basket  WG Muffin, Strawberry	Main Entree  WG Bagel  WG Cereal  Yogurt Basket  Wg Pumpkin Bread	
WG Muffins, Blueberry Fruit Dried Fruit Mix	Fruit Dried Fruit Mix Apple Sauce	Fruit Dried Fruit Mix Banana	Fruit Dried Fruit Mix Fruit Cups	
Milk Milk	<b>Milk</b> Milk	Milk Milk	Milk Milk	
Milk, Chocolate  Dessert	Milk, Chocolate  Dessert	Milk, Chocolate  Dessert	Milk, Chocolate  Dessert	
Cream Cheese	Cream Cheese	Cream Cheese	Cream Cheese	





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Mon	Tue	A 18 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Wed		Thu	Fri
1/2	9/2024	1/30/2024	1/3	31/2024	2/1/2024	2/2/2024
Main Entree WG Bagel WG Cereal Yogurt Basket French Toast Sticks	Main Entree WG Bagel WG Cereal Yogurt Basket WG Pancake		Main Entree  WG Bagel  WG Cereal  Yogurt Basket  Yogurt Fruit Parfait			
Fruit Dried Fruit Mix Blueberries	Fruit Dried Fruit Mix Banana		Fruit Dried Fruit Mix Fruit Cups			
Milk Milk Milk, Chocolate	<b>Milk</b> Milk Milk, Chocolate		Milk Milk Milk, Chocolate			
Dessert Cream Cheese	Dessert Cream Cheese		Dessert Cream Cheese			





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HES Lunch 23/24 Lunch

Reedsport School District 105

Mon	Tue	Wed	Thu	Fri
1/1/2024	24 1/2	2/2024 1/3/2024	1/4/2024	1/5/2024
	Main Entree	Main Entree	Main Entree	Main Entree
	WG Pizza Cheese WG Pizza Pepperoni	WG Cheeseburger Potato, French Fries	Chicken Alfredo WG Garlic Toast	Cheese Sandwich Grilled Tomato Soup
	Vegetables	Vegetables	Vegetables	Vegetables
	Carrots Peeled Baby	Carrots Peeled Baby	Broccoli	Carrots Peeled Baby
	Fruit	Fruit	Fruit	Fruit
	Apple, Honey Crisp	Fruit Cups Frozen Strawberry	Apple Slices	Fruit Cups
	Milk	Milk	Milk	Milk
	Milk Milk, Chocolate	Milk Milk, Chocolate	Milk, Chocolate Milk	Milk Milk, Chocolate
1/8/20	24 1/	9/2024 1/10/2024	1/11/2024	1/12/2024
Main Entree	Main Entree	Main Entree	Main Entree	
Chicken Taco	WG Corn Dog	Chicken Orange	BBQ Pulled Pork Sandwich	
/egetables	Vegetables	Brown Rice	Vegetables	
Celery Sticks	Carrots Peeled Baby	Vegetables	Carrots Peeled Baby	
Fruit	Fruit	Snap Peas	Fruit	
Grapes Red	Apple Sauce	Fruit	Apple Slices	
Milk	Milk	Fruit Cups Frozen Strawberry	Milk	
Milk	Milk	Milk	Milk	
Milk, Chocolate	Milk, Chocolate	Milk Milk, Chocolate	Milk, Chocolate	
1/15/202	24 1/1	6/2024 1/17/2024	1/18/2024	1/19/2024
	Main Entree	Main Entree	Main Entree	Main Entree
	WG Pizza Cheese WG Pizza Pepperoni	WG Cheeseburger Potato, French Fries	Chicken Alfredo WG Garlic Toast	Cheese Sandwich Grilled Tomato Soup
	Vegetables	Vegetables	Vegetables	Vegetables
	Carrots Peeled Baby	Carrots Peeled Baby	Broccoli	Carrots Peeled Baby
	Fruit	Fruit	Fruit	Fruit
	Apple, Honey Crisp	Pear	Grapes Red	Fruit Cups
	Milk	Milk	Milk	Milk
	Milk Milk, Chocolate	Milk Milk, Chocolate	Milk, Chocolate Milk	Milk Milk, Chocolate





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Mon		Tue	Wed	Thu	Fri
	1/22/2024	1/23/2	2024 1/24/202	24 1/25/2024	1/26/2024
Main Entree Chicken Taco Vegetables Celery Sticks Fruit Grapes Red Milk Milk Milk, Chocolate		Main Entree WG Corn Dog Vegetables Carrots Peeled Baby Fruit Apple Sauce Milk Milk Milk, Chocolate	Main Entree Chicken Orange Brown Rice Vegetables Snap Peas Fruit Apple, Granny Smith Milk Milk Milk, Chocolate	Main Entree BBQ Pulled Pork Sandwich Vegetables Carrots Peeled Baby Fruit Apple Slices Fruit Cups Frozen Strawberry Milk Milk Milk, Chocolate	
Main Entree Burrito Bean Cheese Vegetables Salad Veg Fruit Fruit Cups Milk Milk Milk, Chocolate	1/29/2024	Main Entree WG Pizza Cheese WG Pizza Pepperoni Vegetables Carrots Peeled Baby Fruit Apple, Honey Crisp Milk Milk Milk, Chocolate	Main Entree WG Hot Dog Vegetables Corn Fruit Oranges Fresh Milk Milk Milk, Chocolate	Main Entree Potato, Tater Tots Fish Sticks Fruit Apple, Honey Crisp Milk Milk Milk, Chocolate	2/2/2024

