



Menus are subject to change

Menu Calendar



Fresh Fruits and Vegetables are available daily

This is an equal opportunity provider

HES Lunch 23/24  
Lunch

Reedsport School District 105

Mon	Tue	Wed	Thu	Fri
1/29/2024	1/30/2024	1/31/2024	2/1/2024	2/2/2024
<b>Main Entree</b> Burrito Bean Cheese <b>Vegetables</b> Salad Veg <b>Fruit</b> Fruit Cups <b>Milk</b> Milk Milk, Chocolate	<b>Main Entree</b> WG Pizza Cheese WG Pizza Pepperoni <b>Vegetables</b> Carrots Peeled Baby <b>Fruit</b> Apple, Honey Crisp <b>Milk</b> Milk Milk, Chocolate	<b>Main Entree</b> WG Hot Dog <b>Vegetables</b> Corn <b>Fruit</b> Oranges Fresh <b>Milk</b> Milk Milk, Chocolate	<b>Main Entree</b> Potato, Tater Tots Fish Sticks <b>Vegetables</b> Carrots Peeled Baby <b>Fruit</b> Apple, Honey Crisp <b>Milk</b> Milk Milk, Chocolate	
2/5/2024	2/6/2024	2/7/2024	2/8/2024	2/9/2024
<b>Main Entree</b> Teriyaki Chicken Brown Rice <b>Vegetables</b> Corn <b>Fruit</b> Apple, Honey Crisp <b>Milk</b> Milk Milk, Chocolate	<b>Main Entree</b> WG Meatball Sub <b>Vegetables</b> Carrots Peeled Baby <b>Fruit</b> Apple Slices <b>Milk</b> Milk Milk, Chocolate	<b>Main Entree</b> WG Enchilada Empanada <b>Vegetables</b> Broccoli <b>Fruit</b> Fruit Cups Frozen Strawberry <b>Milk</b> Milk Milk, Chocolate	<b>Main Entree</b> Chicken Fajitas <b>Vegetables</b> Celery Sticks <b>Fruit</b> Pears Canned <b>Milk</b> Milk Milk, Chocolate	
2/12/2024	2/13/2024	2/14/2024	2/15/2024	2/16/2024
<b>Main Entree</b> Burrito Bean Cheese <b>Vegetables</b> Salad Veg <b>Fruit</b> Fruit Cups <b>Milk</b> Milk Milk, Chocolate	<b>Main Entree</b> Potato, French Fries Cheesy Taco Burger <b>Vegetables</b> Broccoli <b>Fruit</b> Oranges Fresh <b>Milk</b> Milk Milk, Chocolate	<b>Main Entree</b> WG Hot Dog <b>Vegetables</b> Corn <b>Fruit</b> Apple, Honey Crisp <b>Milk</b> Milk Milk, Chocolate	<b>Main Entree</b> Potato, Tater Tots Fish Sticks <b>Vegetables</b> Carrots Peeled Baby <b>Fruit</b> Apple, Honey Crisp <b>Milk</b> Milk Milk, Chocolate	



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Mon	Tue	Wed	Thu	Fri
2/19/2024	2/20/2024	2/21/2024	2/22/2024	2/23/2024
	<b>Main Entree</b> WG Meatball Sub <b>Vegetables</b> Carrots Peeled Baby <b>Fruit</b> Apple Slices <b>Milk</b> Milk Milk, Chocolate	<b>Main Entree</b> WG Enchilada Empanada <b>Vegetables</b> Broccoli <b>Fruit</b> Fruit Cups Frozen Strawberry <b>Milk</b> Milk Milk, Chocolate	<b>Main Entree</b> Chicken Fajitas <b>Vegetables</b> Celery Sticks <b>Fruit</b> Pears Canned <b>Milk</b> Milk Milk, Chocolate	<b>Main Entree</b> Beef Taco <b>Vegetables</b> Carrots Peeled Baby <b>Fruit</b> Apple Slices <b>Milk</b> Milk Milk, Chocolate
2/26/2024	2/27/2024	2/28/2024	2/29/2024	3/1/2024
<b>Main Entree</b> Burrito Bean Cheese <b>Vegetables</b> Salad Veg <b>Fruit</b> Fruit Cups <b>Milk</b> Milk Milk, Chocolate	<b>Main Entree</b> Potato, French Fries Cheesy Taco Burger <b>Vegetables</b> Broccoli <b>Fruit</b> Oranges Fresh <b>Milk</b> Milk Milk, Chocolate	<b>Main Entree</b> WG Hot Dog <b>Vegetables</b> Corn <b>Fruit</b> Apple, Honey Crisp <b>Milk</b> Milk Milk, Chocolate	<b>Main Entree</b> Teriyaki Chicken Brown Rice <b>Vegetables</b> Corn <b>Fruit</b> Apple, Honey Crisp <b>Milk</b> Milk Milk, Chocolate	



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## HES Breakfast 23/24 Breakfast

Reedsport School District 105

Mon	Tue	Wed	Thu	Fri
1/29/2024	1/30/2024	1/31/2024	2/1/2024	2/2/2024
<b>Main Entree</b> WG Bagel WG Cereal Yogurt Basket French Toast Sticks <b>Fruit</b> Dried Fruit Mix Blueberries <b>Milk</b> Milk Milk, Chocolate <b>Dessert</b> Cream Cheese	<b>Main Entree</b> WG Bagel WG Cereal Yogurt Basket WG Pancake <b>Fruit</b> Dried Fruit Mix Banana <b>Milk</b> Milk Milk, Chocolate <b>Dessert</b> Cream Cheese	<b>Main Entree</b> WG Bagel WG Cereal Yogurt Basket Yogurt Fruit Parfait <b>Fruit</b> Dried Fruit Mix Fruit Cups <b>Milk</b> Milk Milk, Chocolate <b>Dessert</b> Cream Cheese	<b>Main Entree</b> WG Bagel WG Cereal Yogurt Basket Cheese Sticks, Mozzarella Wg Pumpkin Bread <b>Fruit</b> Dried Fruit Mix Blueberries <b>Milk</b> Milk Milk, Chocolate <b>Dessert</b> Cream Cheese	
2/5/2024	2/6/2024	2/7/2024	2/8/2024	2/9/2024
<b>Main Entree</b> WG Bagel WG Cereal Yogurt Basket Cheese Sticks, Mozzarella Pizza Breakfast <b>Fruit</b> Dried Fruit Mix Apple Slices <b>Milk</b> Milk Milk, Chocolate <b>Dessert</b> Cream Cheese	<b>Main Entree</b> WG Bagel WG Cereal Yogurt Basket Cheese Sticks, Mozzarella WG Eggo Mini Waffles <b>Fruit</b> Dried Fruit Mix Banana <b>Milk</b> Milk Milk, Chocolate <b>Dessert</b> Cream Cheese	<b>Main Entree</b> WG Bagel WG Cereal Yogurt Basket Cheese Sticks, Mozzarella Yogurt Fruit Parfait <b>Fruit</b> Dried Fruit Mix <b>Milk</b> Milk Milk, Chocolate <b>Dessert</b> Cream Cheese	<b>Main Entree</b> WG Bagel WG Cereal Yogurt Basket Cheese Sticks, Mozzarella WG Banana Bread <b>Fruit</b> Dried Fruit Mix Fruit Cups Frozen Strawberry <b>Milk</b> Milk Milk, Chocolate <b>Dessert</b> Cream Cheese	



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Mon	Tue	Wed	Thu	Fri
2/12/2024	2/13/2024	2/14/2024	2/15/2024	2/16/2024
<b>Main Entree</b> WG Bagel WG Cereal Yogurt Basket Cheese Sticks, Mozzarella WG Muffins, Blueberry <b>Fruit</b> Dried Fruit Mix Fruit Cups <b>Milk</b> Milk Milk, Chocolate <b>Dessert</b> Cream Cheese	<b>Main Entree</b> WG Bagel WG Cereal Yogurt Basket Cheese Sticks, Mozzarella WG Pancake <b>Fruit</b> Dried Fruit Mix Oranges Fresh <b>Milk</b> Milk Milk, Chocolate <b>Dessert</b> Cream Cheese	<b>Main Entree</b> WG Bagel WG Cereal Yogurt Basket Cheese Sticks, Mozzarella French Toast Sticks <b>Fruit</b> Dried Fruit Mix Banana <b>Milk</b> Milk Milk, Chocolate <b>Dessert</b> Cream Cheese	<b>Main Entree</b> WG Bagel WG Cereal Yogurt Basket Cheese Sticks, Mozzarella Wg Pumpkin Bread <b>Fruit</b> Dried Fruit Mix Fruit Cups <b>Milk</b> Milk Milk, Chocolate <b>Dessert</b> Cream Cheese	
2/19/2024	2/20/2024	2/21/2024	2/22/2024	2/23/2024
	<b>Main Entree</b> WG Bagel WG Cereal Yogurt Basket Cheese Sticks, Mozzarella WG Eggo Mini Waffles <b>Fruit</b> Dried Fruit Mix Banana <b>Milk</b> Milk Milk, Chocolate <b>Dessert</b> Cream Cheese	<b>Main Entree</b> WG Bagel WG Cereal Yogurt Basket Cheese Sticks, Mozzarella Yogurt Fruit Parfait <b>Fruit</b> Dried Fruit Mix <b>Milk</b> Milk Milk, Chocolate <b>Dessert</b> Cream Cheese	<b>Main Entree</b> WG Bagel WG Cereal Yogurt Basket Cheese Sticks, Mozzarella WG Banana Bread <b>Fruit</b> Dried Fruit Mix Fruit Cups Frozen Strawberry <b>Milk</b> Milk Milk, Chocolate <b>Dessert</b> Cream Cheese	<b>Main Entree</b> WG Bagel WG Cereal Yogurt Basket Cheese Sticks, Mozzarella Blueberry Mini Loaf WG <b>Fruit</b> Dried Fruit Mix Oranges Fresh <b>Milk</b> Milk Milk, Chocolate <b>Dessert</b> Cream Cheese



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Mon	Tue	Wed	Thu	Fri
2/26/2024	2/27/2024	2/28/2024	2/29/2024	3/1/2024
<b>Main Entree</b> WG Bagel WG Cereal Yogurt Basket Cheese Sticks, Mozzarella Pizza Breakfast	<b>Main Entree</b> WG Bagel WG Cereal Yogurt Basket Cheese Sticks, Mozzarella WG Pancake	<b>Main Entree</b> WG Bagel WG Cereal Yogurt Basket Cheese Sticks, Mozzarella French Toast Sticks	<b>Main Entree</b> WG Bagel WG Cereal Yogurt Basket Cheese Sticks, Mozzarella Wg Pumpkin Bread	
<b>Fruit</b> Dried Fruit Mix Apple Slices	<b>Fruit</b> Dried Fruit Mix Fruit Cups	<b>Fruit</b> Dried Fruit Mix Oranges Fresh	<b>Fruit</b> Dried Fruit Mix Fruit Cups	
<b>Milk</b> Milk Milk, Chocolate	<b>Milk</b> Milk Milk, Chocolate	<b>Milk</b> Milk Milk, Chocolate	<b>Milk</b> Milk Milk, Chocolate	
<b>Dessert</b> Cream Cheese	<b>Dessert</b> Cream Cheese	<b>Dessert</b> Cream Cheese	<b>Dessert</b> Cream Cheese	