

# Menus are subject to change



#### Fresh fruit & vegetables available daily

RCCS Breakfast Breakfast

#### This institution is an equal opportunity provider

Reedsport School District 105

Mon		Tuè	Wed	Thu	Fri
Main Entree Bagel Cereal Yogurt Basket Fruit Orange Juice Apple Sauce Milk Milk Milk, Chocolate Soy Milk Dessert Cream Cheese Crackers Graham	Fi M	Muffins, Blueberry Cereal Yogurt Basket Cheese Sticks, Mozzarella	Donut Long John Yogurt Basket Cereal juice apple Fruit Orange Juice Milk Soy Milk Milk Milk, Chocolate Dessert Crackers Graham	Main Entree Bagel Mini Strawberry Creamy Cheese Filled Yogurt Basket juice apple Cereal Fruit Banana KIWI Fruit Cups Milk Milk Milk, Chocolate Soy Milk Dessert Crackers Graham	11/4/2022
11		11/8/2022	11/9/2022	11/10/2022	11/11/2022
11/	14/2022	11/15/2022	11/16/2022	11/17/2022	11/18/2022





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Menu Calendar

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RCCS Lunch Lunch

Reedsport School District 105

Mon	Tue	Wed	Thu	Fri
Main Entree Yogurt Basket Salad Mix Chef Salad Avocado Potato, French Fries Cheeseburger Mac & Cheese Vegetables Broccoli Cauliflower Snap Peas Celery Sticks Carrots Peeled Baby Fruit Apple Sauce Apple, Gala Tomatoes Cucumbers Pears Canned Peaches canned Pineapple Oranges, Mandarin Milk Milk Milk, Chocolate Soy Milk Condiments Ketchup Mustard Ranch Dressing Dessert Chickpeas, Ranch, Roasted	The state of the s	Main Entree French Toast Sticks Sausage Patty Chef Salad Yogurt Basket Tuna Sandwich Ham Sandwich Cheese Sandwich Grilled Potato, French Fries Peanut Butter Cups Vegetables Carrots Peeled Baby Broccoli Cauliflower Celery Sticks Beans Green Corn Fruit Apple, Red Delicious Cucumbers Banana KIWI Tomatoes Milk Milk Milk, Chocolate Soy Milk Condlments Ketchup Mustard Ranch Dressing	Main Entree Chef Salad Yogurt Basket Burrito Breakfast Hash Brown Patty Meatball Sub Condiments Ketchup Mustard Ranch Dressing Salsa	11/4/2022





Mon	Tue	Wed	Thu	Fri
Main Entree Turkey Ranch Wrap Sandwich, Barbeque Chicken Chef Salad Yogurt Basket Condiments Ketchup Mustard Ranch Dressing Salsa	Main Entree Chef Salad Yogurt Basket Enchilada, Chicken Carne Asada Avocado Salad Mix Beans, Refried Potato, French Fries Vegetables Celery Sticks Broccoli Cauliflower Fruit Apple, Gala Pineapple Oranges, Mandarin Peaches canned Pears Canned Cucumbers Tomatoes Bell Pepper Milk Milk Soy Milk Milk, Chocolate Condiments Salsa Ketchup Mustard Ranch Dressing	Main Entree Sausage Cheese Muffin Sausage Patty French Toast Sticks Chef Salad Yogurt Basket Sweet & Sour Chicken Rice Hash Brown Patty Condiments Ketchup Mustard Ranch Dressing	Main Entree Potatoes Twice Baked Yogurt Basket Chef Salad Sandwich Stromboli Condiments Ketchup Mustard Ranch Dressing	11/11/2022



Mon	Tue	Wed	Thu	Fri
Main Entree Tuna Sandwich Cheese Sandwich Grilled Turkey Sandwich Chef Salad Yogurt Basket	Main Entree Chef Salad Yogurt Basket Chicken Fajita Pork Pulled Tortilla Shell Chips, Tortilla Rice Beans, Refried Salad Mix Vegetables Carrots Peeled Baby Celery Sticks Fruit Cucumbers Apple, Red Delicious Tomatoes Bell Pepper Peaches canned Pears Canned Pineapple Oranges, Mandarin Milk Milk, Chocolate Milk Soy Milk Condiments Salsa	Main Entree Sandwich Coastal Club Chef Salad Yogurt Basket Sloppy Joe Salad Mix Pork Pulled Sandwich, Barbeque Pork Rib Sub Vegetables Celery Sticks Carrots Peeled Baby Broccoli Cauliflower Cabbage Red Baked Beans Fruit Apple, Red Delicious Oranges Fresh Tomatoes Peaches canned Pears Canned Pineapple Oranges, Mandarin Grapes Red Milk Milk Milk Milk, Chocolate Soy Milk Condiments Ketchup Mustard Ranch Dressing Barbeque Sauce Dessert Chickpeas, Ranch, Roasted	Main Entree Chef Salad Yogurt Basket Pasta, Lasagna Meatball Sub Salad Mlx Turkey Sandwich Vegetables Broccoli Cauliflower Carrots Peeled Baby Celery Sticks Fruit Apple, Red Delicious Oranges Fresh Oranges, Mandarin Peaches canned Pears Canned Pears Canned Pineapple Tomatoes Cucumbers Milk Milk Milk, Chocolate Condiments Ketchup Mustard Ranch Dressing	11/18/2022



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# Menu Calendar

## Fresh fruit and vegetables available daily

RCCS Supper Dinner

## This institution is an equal opportunity provider

Reedsport School District 105

Mon	Tue	Wed	Thu	Fri
10/31/2022  Main Entree Yogurt Basket Milk Soy Milk Milk, Chocolate Condiments Ranch Dressing Ketchup Mustard Salsa	Main Entree Yogurt Basket Milk Soy Milk Milk, Chocolate Condiments Ranch Dressing Ketchup Mustard Salsa	Yogurt Basket Milk Soy Milk Milk, Chocolate	Main Entree Yogurt Basket Milk Soy Milk Milk, Chocolate Condiments Ranch Dressing Ketchup Mustard Salsa	11/4/2022
Main Entree Yogurt Basket Milk Soy Milk Milk, Chocolate Condiments Ranch Dressing Ketchup Mustard Salsa	11/8/2022  Main Entree Yogurt Basket  Milk Soy Milk Milk, Chocolate  Condiments Ranch Dressing Ketchup Mustard Salsa	11/9/2022	11/10/2022	11/11/2022
11/14/2022	11/15/2022	11/16/2022	11/17/2022	11/18/2022

