



Menus are subject to change

Menu Calendar



Fresh fruit and vegetables available daily

HES Breakfast
Breakfast

This institution is an equal opportunity provider

Reedsport School District 105

Mon	Tue	Wed	Thu	Fri
1/30/2023	1/31/2023	2/1/2023	2/2/2023	2/3/2023
Main Entree Burrito Breakfast juice apple Fruit Oranges Fresh Milk Milk Milk, Chocolate Condiments Salsa	Main Entree Egg Cheese Muffin Fruit Orange Juice Banana Milk Milk Milk, Chocolate	Main Entree French Toast Sticks juice apple Fruit Melon, Honeydew Milk Milk Milk, Chocolate	Main Entree juice apple Bagel Mini Strawberry Creamy Cheese Filled Pancake Apple Filled Fruit Banana Orange Juice Apple, Gala Milk Milk, Chocolate Milk Milk Milk, Chocolate	
2/6/2023	2/7/2023	2/8/2023	2/9/2023	2/10/2023
Main Entree Pizza Breakfast Fruit Orange Juice Apple Sauce Milk Milk, Chocolate Milk	Main Entree juice apple Waffles Mini Maple Fruit Oranges Fresh Milk Milk Milk, Chocolate	Main Entree Breakfast Bar Ham, Egg & Cheese Fruit Orange Juice KIWI Milk Milk, Chocolate Milk Dessert Crackers Graham	Main Entree Sausage Cheese Muffin juice apple Fruit Oranges Fresh Milk Milk Milk, Chocolate	
2/13/2023	2/14/2023	2/15/2023	2/16/2023	2/17/2023
Main Entree Breakfast Cookie juice apple Fruit Oranges Fresh Milk Milk, Chocolate Milk	Main Entree Donut Long John Fruit Orange Juice Banana Milk Milk Milk, Chocolate	Main Entree Muffins, Blueberry juice apple Fruit Melon, Cantaloupe Milk Milk, Chocolate Milk	Main Entree Banana Bread Fruit Orange Juice Apple Sauce Milk Milk, Chocolate Milk	



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Mon	Tue	Wed	Thu	Fri
2/20/2023	2/21/2023	2/22/2023	2/23/2023	2/24/2023
	Main Entree juice apple Breakfast Link Sausage Egg Cheese Fruit Banana Milk Milk, Chocolate Milk	Main Entree Cereal Fruit Orange Juice Strawberries Milk Milk, Chocolate Milk Dessert Crackers Graham	Main Entree Benefit Bar Chocolate Chip Fruit Fruit Cups	Main Entree Yogurt Granola Fruit Orange Juice Apple, Red Delicious Milk Milk Milk, Chocolate
2/27/2023	2/28/2023	3/1/2023	3/2/2023	3/3/2023
Main Entree Burrito Breakfast juice apple Fruit Oranges Fresh Milk Milk Milk, Chocolate Condiments Salsa	Main Entree Egg Cheese Muffin Fruit Orange Juice Banana Milk Milk Milk, Chocolate	Main Entree French Toast Sticks juice apple Fruit Melon, Honeydew Milk Milk Milk, Chocolate	Main Entree juice apple Bagel Mini Strawberry Creamy Cheese Filled Fruit Banana Milk Milk, Chocolate Milk	



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Menu Calendar



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Highland Lunch
Lunch

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Reedsport School District 105

Mon	Tue	Wed	Thu	Fri
1/30/2023	1/31/2023	2/1/2023	2/2/2023	2/3/2023
Main Entree Pot Pie, Chicken or Turkey Bisquit WG Fruit Cucumbers KIWI Milk Milk Milk, Chocolate Condiments Ranch Dressing	Main Entree Pizza Cheese Vegetables Corn Fruit Pineapple Milk Milk Milk, Chocolate Condiments Marinara Sauce	Main Entree Burrito Beef or Pork Vegetables Carrots Peeled Baby Fruit Grapes Red Milk Milk Milk, Chocolate Condiments Salsa Ranch Dressing	Main Entree Rice Chicken Orange Vegetables Vegetables Stir Fry Fruit Oranges Fresh Milk Milk Milk, Chocolate	
2/6/2023	2/7/2023	2/8/2023	2/9/2023	2/10/2023
Main Entree Beef Shepherd's Pie Vegetables Broccoli Fruit Fruit Cups Milk Milk Milk, Chocolate	Main Entree Burrito Chicken Vegetables Beans, Refried Fruit Oranges Fresh Milk Milk Milk, Chocolate	Main Entree Fish Sticks Wheat Crackers Vegetables Celery Sticks Fruit Pineapple Milk Milk Milk, Chocolate	Main Entree Mac & Cheese Creamy Coleslaw Milk Milk Milk, Chocolate Dessert Strawberry Sorbet	



Mon	Tue	Wed	Thu	Fri
2/13/2023 Main Entree Beef Vegetable Soup Roll Dinner Fruit Apple, Red Delicious Milk Milk Milk, Chocolate	2/14/2023 Main Entree Chicken Fajita Vegetables Corn Fruit Oranges Fresh Milk Milk Milk, Chocolate Condiments Salsa	2/15/2023 Main Entree Chili Con Carne with Beans Cornbread Vegetables Carrots Peeled Baby Fruit Pear Milk Milk Milk, Chocolate	2/16/2023 Main Entree Potatoes Mashed Vegetables Beans Green Fruit KIWI Milk Milk Milk, Chocolate Condiments Gravy, Turkey	2/17/2023
2/20/2023	2/21/2023 Main Entree Meatloaf Roll Dinner Vegetables Carrots glazed Fruit KIWI Milk Milk Milk, Chocolate	2/22/2023 Main Entree Nachos Vegetables Beans, Refried Fruit Oranges Fresh Milk Milk Milk, Chocolate Condiments Salsa	2/23/2023 Main Entree Chicken Drumstick Roll Dinner Vegetables Corn Cob Fruit Apple Sauce Milk Milk Milk, Chocolate	2/24/2023 Main Entree Spaghetti & Meat Sauce Roll Dinner Vegetables Beans Green Milk Milk Milk, Chocolate Dessert Strawberry Sorbet

FILTERS

Name(s)	Value(s)
Buildings	(Highland Elementary School)
Date Range	(Start = 1/29/2023, End = 2/25/2023)
Menu Plan	(Highland Lunch)