



Menus are subject to change

Menu Calendar



Fresh fruit and vegetables available daily

RCCS Breakfast  
Breakfast

This institution is an equal opportunity provider

Reedsport School District 105

Mon	Tue	Wed	Thu	Fri
1/30/2023	1/31/2023	2/1/2023	2/2/2023	2/3/2023
<b>Main Entree</b> Muffin, English Peanut Butter Cups Yogurt Basket Cereal  <b>Fruit</b> Orange Juice Pears Canned  <b>Milk</b> Soy Milk Milk Milk, Chocolate  <b>Dessert</b> Crackers Graham	<b>Main Entree</b> Bagel Mini Strawberry Creamy Cheese Filled Yogurt Basket Cereal juice apple Banana Bread  <b>Fruit</b> Grapes Red  <b>Milk</b> Soy Milk Milk Milk, Chocolate  <b>Dessert</b> Crackers Graham	<b>Main Entree</b> Granola Yogurt Cereal Yogurt Basket  <b>Fruit</b> Orange Juice Strawberries  <b>Milk</b> Soy Milk Milk Milk, Chocolate  <b>Dessert</b> Crackers Graham Strawberry Sorbet	<b>Main Entree</b> Banana Bread Yogurt Basket Cereal  <b>Fruit</b> Fruit Cups Apple Sauce  <b>Milk</b> Soy Milk Milk Milk, Chocolate  <b>Dessert</b> Crackers Graham	
2/6/2023	2/7/2023	2/8/2023	2/9/2023	2/10/2023
<b>Main Entree</b> Bagel Cereal Yogurt Basket  <b>Fruit</b> Orange Juice Apple Sauce  <b>Milk</b> Milk Milk, Chocolate Soy Milk  <b>Dessert</b> Cream Cheese Crackers Graham	<b>Main Entree</b> Muffins, Blueberry Cereal Yogurt Basket Cheese Sticks, Mozzarella juice apple  <b>Fruit</b> Orange Juice Apple Sauce  <b>Milk</b> Milk Milk, Chocolate Soy Milk  <b>Dessert</b> Crackers Graham	<b>Main Entree</b> Donut Long John Yogurt Basket Cereal juice apple  <b>Fruit</b> Orange Juice  <b>Milk</b> Soy Milk Milk Milk, Chocolate  <b>Dessert</b> Crackers Graham	<b>Main Entree</b> Bagel Mini Strawberry Creamy Cheese Filled Yogurt Basket juice apple Cereal  <b>Fruit</b> Banana KIWI Fruit Cups  <b>Milk</b> Milk Milk, Chocolate Soy Milk  <b>Dessert</b> Crackers Graham	



Mon	Tue	Wed	Thu	Fri
2/13/2023	2/14/2023	2/15/2023	2/16/2023	2/17/2023
<b>Main Entree</b> Muffin, English Peanut Butter Cups Yogurt Basket Cereal <b>Fruit</b> Orange Juice Pears Canned <b>Milk</b> Soy Milk Milk Milk, Chocolate <b>Dessert</b> Crackers Graham	<b>Main Entree</b> Bagel Mini Strawberry Creamy Cheese Filled Yogurt Basket Cereal juice apple <b>Fruit</b> Grapes Red <b>Milk</b> Soy Milk Milk Milk, Chocolate <b>Dessert</b> Crackers Graham	<b>Main Entree</b> Granola Yogurt Cereal Yogurt Basket <b>Fruit</b> Orange Juice Strawberries <b>Milk</b> Soy Milk Milk Milk, Chocolate <b>Dessert</b> Crackers Graham Strawberry Sorbet	<b>Main Entree</b> Banana Bread Yogurt Basket Cereal <b>Fruit</b> Fruit Cups Apple Sauce <b>Milk</b> Soy Milk Milk Milk, Chocolate <b>Dessert</b> Crackers Graham	
2/20/2023	2/21/2023	2/22/2023	2/23/2023	2/24/2023
	<b>Main Entree</b> Breakfast Bar Ham, Egg & Cheese Muffins, Blueberry Cereal Yogurt Basket Cheese Sticks, Mozzarella juice apple <b>Fruit</b> Orange Juice Apple Sauce <b>Milk</b> Milk Milk, Chocolate Soy Milk <b>Dessert</b> Crackers Graham	<b>Main Entree</b> Bagel Mini Strawberry Creamy Cheese Filled Yogurt Basket juice apple Cereal <b>Fruit</b> Banana KIWI Fruit Cups <b>Milk</b> Milk Milk, Chocolate Soy Milk <b>Dessert</b> Crackers Graham	<b>Main Entree</b> Bagel Cereal Yogurt Basket <b>Fruit</b> Orange Juice Apple Sauce <b>Milk</b> Milk Milk, Chocolate Soy Milk <b>Dessert</b> Cream Cheese Crackers Graham	<b>Main Entree</b> Cereal Yogurt Basket Cinnamon Rolls <b>Fruit</b> Orange Juice Apple Sauce <b>Milk</b> Milk Milk, Chocolate Soy Milk <b>Dessert</b> Cream Cheese Crackers Graham



Mon	Tue	Wed	Thu	Fri
2/27/2023	2/28/2023	3/1/2023	3/2/2023	3/3/2023
<b>Main Entree</b> Muffin, English Peanut Butter Cups Yogurt Basket Cereal <b>Fruit</b> Orange Juice Pears Canned <b>Milk</b> Soy Milk Milk Milk, Chocolate <b>Dessert</b> Crackers Graham	<b>Main Entree</b> Strudel Apple Cereal Yogurt Basket <b>Fruit</b> Grapes Red Apple Sauce <b>Milk</b> Soy Milk Milk Milk, Chocolate <b>Dessert</b> Crackers Graham			



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Menu Calendar



Fresh fruit and vegetables available daily

RCCS Lunch  
Lunch

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Reedsport School District 105

Mon	Tue	Wed	Thu	Fri
1/30/2023	1/31/2023	2/1/2023	2/2/2023	2/3/2023
<b>Main Entree</b> Salad Mix Avocado Potato, French Fries Chef Salad Yogurt Basket Pasta, Lasagna Chicken Alfredo <b>Vegetables</b> Broccoli Cauliflower Snap Peas Celery Sticks Carrots Peeled Baby <b>Fruit</b> Apple Sauce Apple, Gala Tomatoes Cucumbers Pears Canned Peaches canned Pineapple Oranges, Mandarin <b>Milk</b> Milk Milk, Chocolate Soy Milk <b>Condiments</b> Ketchup Mustard Ranch Dressing <b>Dessert</b> Chickpeas, Ranch, Roasted	<b>Main Entree</b> Tortilla Shell Chips, Tortilla Rice Beans, Refried Salad Mix Chef Salad Yogurt Basket Buffuao Chicken Wrap Nachos <b>Vegetables</b> Carrots Peeled Baby Celery Sticks <b>Fruit</b> Cucumbers Apple, Red Delicious Tomatoes Bell Pepper Peaches canned Pears Canned Pineapple Oranges, Mandarin <b>Milk</b> Milk, Chocolate Milk Soy Milk <b>Condiments</b> Salsa	<b>Main Entree</b> Turkey Ranch Wrap Cheeseburger Salad Mix Yogurt Basket Beans, Refried Potato, French Fries Chef Salad <b>Vegetables</b> Celery Sticks Broccoli Cauliflower <b>Fruit</b> Apple, Gala Pineapple Oranges, Mandarin Peaches canned Pears Canned Cucumbers Tomatoes Bell Pepper <b>Milk</b> Milk Soy Milk Milk, Chocolate <b>Condiments</b> Salsa Ketchup Mustard Ranch Dressing	<b>Main Entree</b> Chef Salad Yogurt Basket Sweet & Sour Chicken Teriyaki Chicken Rice <b>Vegetables</b> Carrots Peeled Baby Broccoli Cauliflower Celery Sticks Beans Green Corn <b>Fruit</b> Apple, Red Delicious Cucumbers Banana Tomatoes <b>Milk</b> Milk Milk, Chocolate Soy Milk <b>Condiments</b> Ketchup Mustard Ranch Dressing	



Mon	Tue	Wed	Thu	Fri
2/6/2023	2/7/2023	2/8/2023	2/9/2023	2/10/2023
<b>Main Entree</b> Potato, Tater Tots Salad Mix Spaghetti & Meat Sauce Chicken Alfredo Chef Salad Cottage Cheese Platter <b>Vegetables</b> Carrots Peeled Baby Celery Sticks <b>Fruit</b> Cucumbers Tomatoes Peaches canned Pears Canned Pineapple Oranges, Mandarin Banana Apple, Granny Smith Oranges Fresh <b>Milk</b> Soy Milk Milk Milk, Chocolate <b>Condiments</b> Ketchup Mustard Ranch Dressing Salsa	<b>Main Entree</b> Chef Salad Yogurt Basket Potato, French Fries Salad Mix Enchilada, Chicken Beef Taco <b>Vegetables</b> Broccoli Cauliflower Snap Peas Celery Sticks Carrots Peeled Baby Beans, Refried <b>Fruit</b> Apple Sauce Apple, Gala Tomatoes Cucumbers Pears Canned Peaches canned Pineapple Oranges, Mandarin <b>Milk</b> Milk Milk, Chocolate Soy Milk <b>Condiments</b> Ketchup Mustard Ranch Dressing <b>Dessert</b> Chickpeas, Ranch, Roasted	<b>Main Entree</b> Sloppy Joe Salad Mix Turkey & Dressing Potatoes Mashed Chef Salad Yogurt Basket <b>Vegetables</b> Celery Sticks Carrots Peeled Baby Broccoli Cauliflower Cabbage Red Baked Beans <b>Fruit</b> Apple, Red Delicious Oranges Fresh Tomatoes Peaches canned Pears Canned Pineapple Oranges, Mandarin Grapes Red <b>Milk</b> Milk Milk, Chocolate Soy Milk <b>Condiments</b> Ketchup Mustard Ranch Dressing Gravy, Turkey <b>Dessert</b> Chickpeas, Ranch, Roasted	<b>Main Entree</b> Wiener Wrap Pulled Pork Sandwich Yogurt Basket Chef Salad Potato, Tater Tots <b>Vegetables</b> Broccoli Cauliflower Snap Peas Celery Sticks Carrots Peeled Baby <b>Fruit</b> Apple Sauce Apple, Gala Tomatoes Cucumbers Pears Canned Peaches canned Pineapple Oranges, Mandarin <b>Milk</b> Milk Milk, Chocolate Soy Milk <b>Condiments</b> Ketchup Mustard Ranch Dressing Barbeque Sauce <b>Dessert</b> Chickpeas, Ranch, Roasted	



Mon	Tue	Wed	Thu	Fri
2/13/2023	2/14/2023	2/15/2023	2/16/2023	2/17/2023
<b>Main Entree</b> Chicken Spicy Chicken Sandwich Chef Salad Yogurt Basket Salad Mix Potato, Tater Tots Cheeseburger <b>Vegetables</b> Beans, Garbanzo Carrots Peeled Baby Celery Sticks Snap Peas <b>Fruit</b> Cucumbers Peach Cups Pears Canned Oranges, Mandarin Apple Sauce <b>Condiments</b> Ketchup Mustard Ranch Dressing	<b>Main Entree</b> Pork Pulled Tortilla Shell Chips, Tortilla Rice Beans, Refried Burrito Crisp Meat Chef Salad Yogurt Basket <b>Vegetables</b> Carrots Peeled Baby Celery Sticks <b>Fruit</b> Cucumbers Apple, Red Delicious Tomatoes Bell Pepper Peaches canned Pears Canned Pineapple Oranges, Mandarin <b>Milk</b> Milk, Chocolate Milk Soy Milk <b>Condiments</b> Salsa	<b>Main Entree</b> Mac & Cheese Baked Sandwich, Barbeque Chicken Chef Salad Yogurt Basket <b>Vegetables</b> Carrots Peeled Baby Broccoli Cauliflower Celery Sticks Beans Green Corn <b>Fruit</b> Apple, Red Delicious Cucumbers Banana Tomatoes <b>Milk</b> Milk Milk, Chocolate Soy Milk <b>Condiments</b> Ketchup Mustard Ranch Dressing	<b>Main Entree</b> Cottage Cheese Rice Chicken Orange Chicken General TSO Chef Salad Cottage Cheese Platter Potato, French Fries <b>Vegetables</b> Carrots Peeled Baby Celery Sticks <b>Fruit</b> Cucumbers Tomatoes Peaches canned Pears Canned Pineapple Oranges, Mandarin Banana Apple, Granny Smith Oranges Fresh <b>Milk</b> Soy Milk Milk Milk, Chocolate <b>Condiments</b> Ketchup Mustard Ranch Dressing Salsa	



Mon	Tue	Wed	Thu	Fri
2/20/2023	2/21/2023	2/22/2023	2/23/2023	2/24/2023
	<b>Main Entree</b> Salad Mix Potato, French Fries Cheeseburger Chef Salad Yogurt Basket Sweet & Sour Chicken Rice <b>Vegetables</b> Broccoli Cauliflower Snap Peas Celery Sticks Carrots Peeled Baby <b>Fruit</b> Apple Sauce Apple, Gala Tomatoes Cucumbers Pears Canned Peaches canned Pineapple Oranges, Mandarin <b>Milk</b> Milk Milk, Chocolate Soy Milk <b>Condiments</b> Ketchup Mustard Ranch Dressing <b>Dessert</b> Chickpeas, Ranch, Roasted	<b>Main Entree</b> Burrito Breakfast French Toast Sticks Waffles Mini Maple Sausage Patty Hash Brown Patty Chef Salad Yogurt Basket <b>Vegetables</b> Carrots Peeled Baby Broccoli Cauliflower Celery Sticks Beans Green Corn <b>Fruit</b> Apple, Red Delicious Cucumbers Banana Tomatoes <b>Milk</b> Milk Milk, Chocolate Soy Milk <b>Condiments</b> Ketchup Mustard Ranch Dressing	<b>Main Entree</b> Chef Salad Yogurt Basket Enchilada, Chicken Carne Asada Avocado Salad Mix Beans, Refried Potato, French Fries <b>Vegetables</b> Celery Sticks Broccoli Cauliflower <b>Fruit</b> Apple, Gala Pineapple Oranges, Mandarin Peaches canned Pears Canned Cucumbers Tomatoes Bell Pepper <b>Milk</b> Milk Soy Milk Milk, Chocolate <b>Condiments</b> Salsa Ketchup Mustard Ranch Dressing	<b>Main Entree</b> Chef Salad Yogurt Basket Salad Mix Turkey Sandwich Chili Con Carne with Beans Hot Dog Cinnamon Rolls <b>Vegetables</b> Broccoli Cauliflower Carrots Peeled Baby Celery Sticks <b>Fruit</b> Apple, Red Delicious Oranges Fresh Oranges, Mandarin Peaches canned Pears Canned Pineapple Tomatoes Cucumbers <b>Milk</b> Milk Milk, Chocolate <b>Condiments</b> Ketchup Mustard Ranch Dressing



Mon	Tue	Wed	Thu	Fri
2/27/2023	2/28/2023	3/1/2023	3/2/2023	3/3/2023
<b>Main Entree</b> Turkey Ranch Wrap Sandwich, Barbeque Chicken Chef Salad Yogurt Basket Salad Mix Potato, Tater Tots <b>Vegetables</b> Broccoli Cauliflower Carrots Peeled Baby Celery Sticks Baked Sweet Potatoes & Apples <b>Fruit</b> Cucumbers Tomatoes Melon, Cantaloupe Oranges Fresh Oranges, Mandarin Pineapple Peaches canned Apple Sauce <b>Milk</b> Soy Milk Milk Milk, Chocolate <b>Condiments</b> Ketchup Mustard Ranch Dressing Salsa	<b>Main Entree</b> Chef Salad Yogurt Basket Enchilada, Chicken Carne Asada Avocado Salad Mix Beans, Refried Potato, French Fries <b>Vegetables</b> Celery Sticks Broccoli Cauliflower <b>Fruit</b> Apple, Gala Pineapple Oranges, Mandarin Peaches canned Pears Canned Cucumbers Tomatoes Bell Pepper <b>Milk</b> Milk Soy Milk Milk, Chocolate <b>Condiments</b> Salsa Ketchup Mustard Ranch Dressing			

## FILTERS

Name(s)	Value(s)
Buildings	(Reedsport Community Charter School)
Date Range	(Start = 1/29/2023, End = 3/4/2023)
Menu Plan	(RCCS Breakfast, RCCS Lunch)