



Menus subject to change

Menu Calendar



Fresh fruit and vegetables available daily

This institution is an equal opportunity provider

RCCS Breakfast
Breakfast

Reedsport School District 105

Mon	Tue	Wed	Thu	Fri
5/1/2023	5/2/2023	5/3/2023	5/4/2023	5/5/2023
Main Entree Muffin, English Peanut Butter Cups Yogurt Basket Cereal Fruit Orange Juice Pears Canned Milk Soy Milk Milk Milk, Chocolate Dessert Crackers Graham	Main Entree Strudel Apple Cereal Yogurt Basket Fruit Grapes Red Apple Sauce Milk Soy Milk Milk Milk, Chocolate Dessert Crackers Graham	Main Entree Muffins, Blueberry Cereal Yogurt Basket Cheese Sticks, Mozzarella Apple Juice Fruit Orange Juice Apple Sauce Milk Milk Milk, Chocolate Soy Milk Dessert Crackers Graham	Main Entree Cereal Yogurt Basket Donut Long John Fruit Orange Juice Apple Sauce Milk Milk Milk, Chocolate Soy Milk Dessert Cream Cheese Crackers Graham	
5/8/2023	5/9/2023	5/10/2023	5/11/2023	5/12/2023
Main Entree Bagel Cereal Yogurt Basket Fruit Orange Juice Apple Sauce Milk Milk Milk, Chocolate Soy Milk Dessert Cream Cheese Crackers Graham	Main Entree Muffins, Blueberry Cereal Yogurt Basket Cheese Sticks, Mozzarella Apple Juice Fruit Orange Juice Apple Sauce Milk Milk Milk, Chocolate Soy Milk Dessert Crackers Graham	Main Entree Yogurt Basket Cereal Apple Juice Benefit Bar Chocolate Chip Fruit Orange Juice Milk Soy Milk Milk Milk, Chocolate Dessert Crackers Graham	Main Entree Bagel Mini Strawberry Creamy Cheese Filled Yogurt Basket Cereal Fruit Banana KIWI Fruit Cups Apple Juice Milk Milk Milk, Chocolate Soy Milk Dessert Crackers Graham	



Mon	Tue	Wed	Thu	Fri
5/15/2023	5/16/2023	5/17/2023	5/18/2023	5/19/2023
Main Entree Muffin, English Peanut Butter Cups Yogurt Basket Cereal Fruit Orange Juice Pears Canned Milk Soy Milk Milk Milk, Chocolate Dessert Crackers Graham	Main Entree Yogurt Basket Cereal Apple Juice Pizza Breakfast Fruit Grapes Red Milk Soy Milk Milk Milk, Chocolate Dessert Crackers Graham	Main Entree Granola Yogurt Cereal Yogurt Basket Fruit Orange Juice Strawberries Milk Soy Milk Milk Milk, Chocolate Dessert Crackers Graham Strawberry Sorbet	Main Entree Bagel Cereal Yogurt Basket Fruit Orange Juice Apple Sauce Milk Milk Milk, Chocolate Soy Milk Dessert Cream Cheese Crackers Graham	
5/22/2023	5/23/2023	5/24/2023	5/25/2023	5/26/2023
Main Entree Muffins, Blueberry Cereal Yogurt Basket Cheese Sticks, Mozzarella Apple Juice Fruit Orange Juice Apple Sauce Milk Milk Milk, Chocolate Soy Milk Dessert Crackers Graham	Main Entree Strudel Apple Cereal Yogurt Basket Fruit Grapes Red Apple Sauce Milk Soy Milk Milk Milk, Chocolate Dessert Crackers Graham	Main Entree Yogurt Basket Apple Juice Cereal Burrito Breakfast Fruit Banana KIWI Fruit Cups Milk Milk Milk, Chocolate Soy Milk Dessert Crackers Graham	Main Entree Strudel Apple Cereal Yogurt Basket Fruit Grapes Red Apple Sauce Milk Soy Milk Milk Milk, Chocolate Dessert Crackers Graham	



Mon	Tue	Wed	Thu	Fri
5/29/2023	5/30/2023	5/31/2023	6/1/2023	6/2/2023
	Main Entree Muffin, English Peanut Butter Cups Yogurt Basket Cereal Fruit Orange Juice Pears Canned Milk Soy Milk Milk Milk, Chocolate Dessert Crackers Graham	Main Entree Strudel Apple Cereal Yogurt Basket Fruit Grapes Red Apple Sauce Milk Soy Milk Milk Milk, Chocolate Dessert Crackers Graham		



Menus are subject to change

Fresh fruit and vegetables available daily

Menu Calendar



This institution is an equal opportunity provider

RCCS Lunch
Lunch

Reedsport School District 105

Mon	Tue	Wed	Thu	Fri
5/1/2023	5/2/2023	5/3/2023	5/4/2023	5/5/2023
Main Entree Turkey Ranch Wrap Sandwich, Barbeque Chicken Chef Salad Yogurt Basket Potato, French Fries Vegetables Broccoli Cauliflower Carrots Peeled Baby Celery Sticks Fruit Cucumbers Tomatoes Melon, Cantaloupe Oranges Fresh Oranges, Mandarin Pineapple Peaches canned Apple Sauce Milk Soy Milk Milk Milk, Chocolate Condiments Ketchup Mustard Ranch Dressing Salsa	Main Entree Chicken Fajita Carne Asada Chef Salad Yogurt Basket Potato, Tater Tots Vegetables Celery Sticks Broccoli Cauliflower Beans, Refried Fruit Apple, Gala Pineapple Oranges, Mandarin Peaches canned Pears Canned Cucumbers Tomatoes Bell Pepper Milk Milk Soy Milk Milk, Chocolate Condiments Salsa Ketchup Mustard Ranch Dressing	Main Entree Burrito Breakfast French Toast Sticks Waffles Mini Maple Sausage Patty Hash Brown Patty Chef Salad Yogurt Basket Vegetables Carrots Peeled Baby Broccoli Cauliflower Celery Sticks Beans Green Corn Fruit Apple, Red Delicious Cucumbers Banana Tomatoes Oranges, Mandarin Peaches canned Pears Canned Apple, Gala Milk Milk Milk, Chocolate Soy Milk Condiments Ketchup Mustard Ranch Dressing	Main Entree Chicken Orange Chicken General TSO Chef Salad Cottage Cheese Platter Potato, French Fries Rice Vegetables Carrots Peeled Baby Celery Sticks Broccoli Cauliflower Fruit Cucumbers Tomatoes Peaches canned Pears Canned Pineapple Oranges, Mandarin Banana Apple, Granny Smith Oranges Fresh Milk Soy Milk Milk Milk, Chocolate Condiments Ketchup Mustard Ranch Dressing Salsa	



Mon	Tue	Wed	Thu	Fri
5/8/2023	5/9/2023	5/10/2023	5/11/2023	5/12/2023
Main Entree Burrito Chicken Sandwich Coastal Club Cheese Sandwich Grilled Salad Bar RCCS Chef Salad Yogurt Basket Vegetables Broccoli Cauliflower Carrots Peeled Baby Celery Sticks Baked Sweet Potatoes & Apples Fruit Cucumbers Tomatoes Melon, Cantaloupe Oranges Fresh Oranges, Mandarin Pineapple Peaches canned Apple Sauce Milk Soy Milk Milk Milk, Chocolate Condiments Ketchup Mustard Ranch Dressing Salsa	Main Entree Salad Mix Beans, Refried Potato, Tater Tots Yogurt Basket Chef Salad Ropa Vieja (Shredded Beef over Rice) Burrito Crisp Meat Vegetables Celery Sticks Broccoli Cauliflower Fruit Apple, Gala Pineapple Oranges, Mandarin Peaches canned Pears Canned Cucumbers Tomatoes Bell Pepper Milk Milk Soy Milk Milk, Chocolate Condiments Salsa Ketchup Mustard Ranch Dressing	Main Entree Hash Brown Patty Chef Salad Yogurt Basket Chili Con Carne with Beans Cornbread Cinnamon Rolls Hot Dog Vegetables Carrots Peeled Baby Broccoli Cauliflower Celery Sticks Beans Green Corn Fruit Apple, Red Delicious Cucumbers Banana Tomatoes Oranges, Mandarin Peaches canned Pears Canned Apple, Gala Milk Milk Milk, Chocolate Soy Milk Condiments Ketchup Mustard Ranch Dressing	Main Entree Wiener Wrap Pulled Pork Sandwich Yogurt Basket Chef Salad Potato, Tater Tots Vegetables Broccoli Cauliflower Snap Peas Celery Sticks Carrots Peeled Baby Fruit Apple Sauce Apple, Gala Tomatoes Cucumbers Pears Canned Peaches canned Pineapple Oranges, Mandarin Milk Milk Milk, Chocolate Soy Milk Condiments Ketchup Mustard Ranch Dressing Barbeque Sauce Dessert Chickpeas, Ranch, Roasted	



Mon	Tue	Wed	Thu	Fri
5/15/2023	5/16/2023	5/17/2023	5/18/2023	5/19/2023
Main Entree Chef Salad Yogurt Basket Salad Mix Potato, French Fries Chicken Spicy Chicken Alfredo Vegetables Broccoli Cauliflower Carrots Peeled Baby Celery Sticks Baked Sweet Potatoes & Apples Fruit Cucumbers Tomatoes Melon, Cantaloupe Oranges Fresh Oranges, Mandarin Pineapple Peaches canned Apple Sauce Milk Soy Milk Milk Milk, Chocolate Condiments Ketchup Mustard Ranch Dressing Salsa	Main Entree Salad Mix Beans, Refried Potato, Tater Tots Yogurt Basket Chef Salad Burrito Chicken Beef Taco Vegetables Celery Sticks Broccoli Cauliflower Fruit Apple, Gala Pineapple Oranges, Mandarin Peaches canned Pears Canned Cucumbers Tomatoes Bell Pepper Milk Milk Soy Milk Milk, Chocolate Condiments Salsa Ketchup Mustard Ranch Dressing	Main Entree Sausage Patty Hash Brown Patty Chef Salad Yogurt Basket Pasta, Lasagna Mac & Cheese Baked Vegetables Carrots Peeled Baby Broccoli Cauliflower Celery Sticks Beans Green Corn Fruit Apple, Red Delicious Cucumbers Banana Tomatoes Oranges, Mandarin Peaches canned Pears Canned Apple, Gala Milk Milk Milk, Chocolate Soy Milk Condiments Ketchup Mustard Ranch Dressing	Main Entree Chicken Orange Chicken General TSO Chef Salad Cottage Cheese Platter Potato, French Fries Rice Vegetables Carrots Peeled Baby Celery Sticks Broccoli Cauliflower Fruit Cucumbers Tomatoes Peaches canned Pears Canned Pineapple Oranges, Mandarin Banana Apple, Granny Smith Oranges Fresh Milk Soy Milk Milk Milk, Chocolate Condiments Ketchup Mustard Ranch Dressing Salsa	



Mon	Tue	Wed	Thu	Fri
5/22/2023	5/23/2023	5/24/2023	5/25/2023	5/26/2023
Main Entree Chef Salad Yogurt Basket Salad Mix Potato, French Fries Pizza Ham & Pineapple Pizza Pepperoni Vegetables Broccoli Cauliflower Carrots Peeled Baby Celery Sticks Baked Sweet Potatoes & Apples Fruit Cucumbers Tomatoes Melon, Cantaloupe Oranges Fresh Oranges, Mandarin Pineapple Peaches canned Apple Sauce Milk Soy Milk Milk Milk, Chocolate Condiments Ketchup Mustard Ranch Dressing Salsa	Main Entree Enchilada, Chicken Beans, Refried Potato, Tater Tots Yogurt Basket Chef Salad Nachos Vegetables Celery Sticks Broccoli Cauliflower Fruit Apple, Gala Pineapple Oranges, Mandarin Peaches canned Pears Canned Cucumbers Tomatoes Bell Pepper Milk Milk Soy Milk Milk, Chocolate Condiments Salsa Ketchup Mustard Ranch Dressing	Main Entree Hash Brown Patty Chef Salad Yogurt Basket Buffalo Chicken Wrap Beef Vegetable Soup Rolls, Parmesan Vegetables Carrots Peeled Baby Broccoli Cauliflower Celery Sticks Beans Green Corn Fruit Apple, Red Delicious Cucumbers Banana Tomatoes Oranges, Mandarin Peaches canned Pears Canned Apple, Gala Milk Milk Milk, Chocolate Soy Milk Condiments Ketchup Mustard Ranch Dressing	Main Entree Sandwich Stromboli Meatball Sub Potatoes Twice Baked Yogurt Basket Chef Salad Hash Brown Patty Salad Bar RCCS Vegetables Beans Green Broccoli Cauliflower Snap Peas Celery Sticks Carrots Peeled Baby Fruit Apple Sauce Apple, Granny Smith Apple, Gala Tomatoes Cucumbers Pears Canned Peaches canned Pineapple Oranges, Mandarin Milk Milk Milk, Chocolate Soy Milk Condiments Ketchup Mustard Ranch Dressing Dessert Chickpeas, Ranch, Roasted	



Mon	Tue	Wed	Thu	Fri
5/29/2023	5/30/2023	5/31/2023	6/1/2023	6/2/2023
	Main Entree Chicken Fajita Carne Asada Chef Salad Yogurt Basket Potato, Tater Tots Vegetables Celery Sticks Broccoli Cauliflower Beans, Refried Fruit Apple, Gala Pineapple Oranges, Mandarin Peaches canned Pears Canned Cucumbers Tomatoes Bell Pepper Milk Milk Soy Milk Milk, Chocolate Condiments Salsa Ketchup Mustard Ranch Dressing	Main Entree Burrito Breakfast French Toast Sticks Waffles Mini Maple Sausage Patty Hash Brown Patty Chef Salad Yogurt Basket Vegetables Carrots Peeled Baby Broccoli Cauliflower Celery Sticks Beans Green Corn Fruit Apple, Red Delicious Cucumbers Banana Tomatoes Oranges, Mandarin Peaches canned Pears Canned Apple, Gala Milk Milk Milk, Chocolate Soy Milk Condiments Ketchup Mustard Ranch Dressing		