

Menus are subject to change Fresh Fruits and Vegetables are available daily



This institution is an equal opportunity provider

RCCS Breakfast 23/24 Breakfast

Reedsport School District 105

Mon	Tue	Wed	Thu	Fri
10/2/2023	10/3/2023	10/4/2023	10/5/2023	10/6/2023
Main Entree Cereal Bagel Yogurt Bisquit WG Gravy Sausage Breakfast Fruit Apple Slices Milk Milk Milk Milk, Chocolate Dessert Cream Cheese	Main Entree Cereal Bagel Yogurt Muffin, Strawberry Fruit Fruit Cups Milk Milk Milk, Chocolate Dessert Cream Cheese	Main Entree Banana Bread Yogurt Bagel Cereal Fruit Apple Sauce Milk Milk Milk, Chocolate Dessert Cream Cheese	Main Entree Bagel Cereal Yogurt Pancake Whole Grain Milk Milk Milk, Chocolate Dessert Cream Cheese	
Main Entree Burrito Breakfast Yogurt Cereal Bagel Fruit Fruit Mixed (canned) Milk Milk Milk, Chocolate Dessert Cream Cheese	Main Entree Waffles Mini Maple Cereal Yogurt Bagel Fruit Apple Sauce Milk Milk, Chocolate Dessert Cream Cheese	10/11/2023 Main Entree Cereal Bagel French Toast Sticks Yogurt Fruit Strawberries Milk Milk Milk, Chocolate Dessert Cream Cheese	10/12/2023 Main Entree Pancake Apple Filled Bagel Cereal Fruit Fruit Cups Milk Milk Milk, Chocolate Dessert Cream Cheese	10/13/2023



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Mon	Tue	Wed	Thu	Fri
10/16/2023	10/17/2023	10/18/2023	10/19/2023	10/20/2023
Main Entree Cereal Bagel Yogurt Bisquit WG Gravy Sausage Breakfast Fruit Apple Slices Milk Milk Milk, Chocolate Dessert Cream Cheese	Main Entree Cereal Bagel Yogurt Muffin, Strawberry Fruit Fruit Cups Milk Milk Milk, Chocolate Dessert Cream Cheese	Main Entree Banana Bread Yogurt Bagel Cereal Fruit Apple Sauce Milk Milk Milk, Chocolate Dessert Cream Cheese	Main Entree Bagel Cereal Yogurt Pancake Whole Grain Milk Milk Milk, Chocolate Dessert Cream Cheese	
Main Entree Burrito Breakfast Yogurt Cereal Bagel Fruit Fruit Mixed (canned) Milk Milk Milk, Chocolate Dessert Cream Cheese	Main Entree Waffles Mini Maple Cereal Yogurt Bagel Fruit Apple Sauce Milk Milk Milk, Chocolate Dessert Cream Cheese	10/25/2023 Main Entree Cereal Bagel French Toast Sticks Yogurt Fruit Strawberries Milk Milk Milk, Chocolate Dessert Cream Cheese	10/26/2023 Main Entree Pancake Apple Filled Bagel Cereal Fruit Fruit Cups Milk Milk Milk, Chocolate Dessert Cream Cheese	10/27/2023



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Mon	Tue	Wed	Thu	Fri
10/30/2023	10/31/2023	11/1/2023	11/2/2023	11/3/2023
Main Entree Cereal Bagel Yogurt Bisquit WG Gravy Sausage Breakfast Fruit Apple Slices Milk Milk Milk, Chocolate Dessert Cream Cheese	Main Entree Cereal Bagel Yogurt Muffin, Strawberry Fruit Fruit Cups Milk Milk Milk, Chocolate Dessert Cream Cheese	, ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		



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Menu Calendar

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RCCS 23/24 Lunch

Reedsport School District 105

Mon		Tue	Wed	Thu		Fri
1	0/2/2023	10/3/	/2023 10/4/2023	3	10/5/2023	10/6/2023
Main Entree Potato, Tater Tots Chicken Strips		Main Entree Corn Dog Vegetables	Main Entree BBQ Pulled Pork Sandwich Chips, Tortilla	Main Entree Brown Rice Chicken Manderine		
Vegetables .		Carrots Peeled Baby	Vegetables	Vegetables		
Broccoli		Fruit	Carrots Peeled Baby	Broccoli		
Fruit		Apple Sauce	Fruit	Fruit		
Strawberries		Milk	Apple, Honey Crisp	Strawberries		
Milk		Milk	Milk	Milk		
Milk, Chocolate Milk		Milk, Chocolate	Milk Milk, Chocolate	Milk Milk, Chocolate		
1	10/9/2023	10/10/	/2023 10/11/2023	3	10/12/2023	10/13/2023
Main Entree		Main Entree	Main Entree	Main Entree		
Potato, Tater Tots Fish Sticks		WG Pizza Cheese WG Pizza Pepperoni	Spaghetti and Meatballs Garlic Toast	Brown Rice Teriyaki Chicken		
Fruit		Vegetables	Vegetables	Vegetables		
Apple, Honey Crisp		Carrots Peeled Baby	Celery Sticks	Broccoli		
Milk		Fruit	Fruit	Fruit		
Milk		Apple, Honey Crisp	Fruit Cups	Fruit Cups		
Milk, Chocolate		Milk Milk	Milk Milk	Milk Milk		
		Milk, Chocolate	Milk, Chocolate	Milk, Chocolate		
10	0/16/2023	10/17/	/2023 10/18/2023	3	10/19/2023	10/20/2023
Main Entree		Main Entree	Main Entree	Main Entree		
Potato, Tater Tots		Corn Dog	BBQ Pulled Pork Sandwich	Brown Rice		
Chicken Strips		Vegetables	Chips, Tortilla	Chicken Manderine		
Vegetables		Carrots Peeled Baby	Vegetables	Vegetables		
Broccoli		Fruit	Carrots Peeled Baby	Broccoli		
Fruit		Apple Sauce	Fruit	Fruit		
Strawberries		Milk	Apple, Honey Crisp	Strawberries		
Milk		Milk	Milk	Milk		
Milk, Chocolate Milk		Milk, Chocolate	Milk Milk, Chocolate	Milk Milk, Chocolate		





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Mon	5 kg 14 f	Tue	Wed	* E-38 E-3	Thu	Fri
10/2	23/2023	10/24	/2023	10/25/2023	10/26/2	023 10/27/2023
Main Entree Potato, Tater Tots Fish Sticks Fruit Apple, Honey Crisp Milk Milk Milk, Chocolate	\ F	Main Entree WG Pizza Cheese WG Pizza Pepperoni /egetables Carrots Peeled Baby Fruit Apple, Honey Crisp Milk Milk Milk, Chocolate	Main Entree Spaghetti and Meatb Garlic Toast Vegetables Celery Sticks Fruit Fruit Cups Milk Milk Milk, Chocolate	alls	Main Entree Brown Rice Teriyaki Chicken Vegetables Broccoli Fruit Fruit Cups Milk Milk Milk, Chocolate	
Main Entree Mac & Cheese Garlic Toast Vegetables Snap Peas Fruit Oranges Fresh Milk Milk Milk, Chocolate	F	10/31. Main Entree Cheeseburger Potato, French Fries /egetables Carrots Peeled Baby Fruit Apple, Honey Crisp Milk Milk Milk, Chocolate	Main Entree Crispy Chicken Sand Vegetables Salad Veg Fruit Melon, Cantaloupe Milk Milk Milk Milk, Chocolate	wich	11/2/2 Main Entree Baked Ravioli Cheese Filled Vegetables Carrots Peeled Baby Fruit Oranges, Mandarin Milk Milk Milk, Chocolate	023 11/3/2023

ILTERS		
Name(s)	Value(s)	
Buildings	(Reedsport Community Charter School, Highland Elementary School)	
Date Range	(Start = 10/1/2023, End = 11/4/2023)	
Menu Plan	(RCCS 23/24, HES Lunch 23/24)	

