



Menus are subject to change

Fresh Fruits and Vegetables are available daily

This institution is an equal opportunity provider

Menu Calendar



RCCS Breakfast 23/24  
Breakfast

Reedsport School District 105

Mon	Tue	Wed	Thu	Fri
10/2/2023	10/3/2023	10/4/2023	10/5/2023	10/6/2023
<b>Main Entree</b> Cereal Bagel Yogurt Bisquit WG Gravy Sausage Breakfast <b>Fruit</b> Apple Slices <b>Milk</b> Milk Milk, Chocolate <b>Dessert</b> Cream Cheese	<b>Main Entree</b> Cereal Bagel Yogurt Muffin, Strawberry <b>Fruit</b> Fruit Cups <b>Milk</b> Milk Milk, Chocolate <b>Dessert</b> Cream Cheese	<b>Main Entree</b> Banana Bread Yogurt Bagel Cereal <b>Fruit</b> Apple Sauce <b>Milk</b> Milk Milk, Chocolate <b>Dessert</b> Cream Cheese	<b>Main Entree</b> Bagel Cereal Yogurt Pancake Whole Grain <b>Milk</b> Milk Milk, Chocolate <b>Dessert</b> Cream Cheese	
10/9/2023	10/10/2023	10/11/2023	10/12/2023	10/13/2023
<b>Main Entree</b> Burrito Breakfast Yogurt Cereal Bagel <b>Fruit</b> Fruit Mixed (canned) <b>Milk</b> Milk Milk, Chocolate <b>Dessert</b> Cream Cheese	<b>Main Entree</b> Waffles Mini Maple Cereal Yogurt Bagel <b>Fruit</b> Apple Sauce <b>Milk</b> Milk Milk, Chocolate <b>Dessert</b> Cream Cheese	<b>Main Entree</b> Cereal Bagel French Toast Sticks Yogurt <b>Fruit</b> Strawberries <b>Milk</b> Milk Milk, Chocolate <b>Dessert</b> Cream Cheese	<b>Main Entree</b> Pancake Apple Filled Bagel Cereal <b>Fruit</b> Fruit Cups <b>Milk</b> Milk Milk, Chocolate <b>Dessert</b> Cream Cheese	



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Mon	Tue	Wed	Thu	Fri
10/16/2023	10/17/2023	10/18/2023	10/19/2023	10/20/2023
<b>Main Entree</b> Cereal Bagel Yogurt Bisquit WG Gravy Sausage Breakfast <b>Fruit</b> Apple Slices <b>Milk</b> Milk Milk, Chocolate <b>Dessert</b> Cream Cheese	<b>Main Entree</b> Cereal Bagel Yogurt Muffin, Strawberry <b>Fruit</b> Fruit Cups <b>Milk</b> Milk Milk, Chocolate <b>Dessert</b> Cream Cheese	<b>Main Entree</b> Banana Bread Yogurt Bagel Cereal <b>Fruit</b> Apple Sauce <b>Milk</b> Milk Milk, Chocolate <b>Dessert</b> Cream Cheese	<b>Main Entree</b> Bagel Cereal Yogurt Pancake Whole Grain <b>Milk</b> Milk Milk, Chocolate <b>Dessert</b> Cream Cheese	
10/23/2023	10/24/2023	10/25/2023	10/26/2023	10/27/2023
<b>Main Entree</b> Burrito Breakfast Yogurt Cereal Bagel <b>Fruit</b> Fruit Mixed (canned) <b>Milk</b> Milk Milk, Chocolate <b>Dessert</b> Cream Cheese	<b>Main Entree</b> Waffles Mini Maple Cereal Yogurt Bagel <b>Fruit</b> Apple Sauce <b>Milk</b> Milk Milk, Chocolate <b>Dessert</b> Cream Cheese	<b>Main Entree</b> Cereal Bagel French Toast Sticks Yogurt <b>Fruit</b> Strawberries <b>Milk</b> Milk Milk, Chocolate <b>Dessert</b> Cream Cheese	<b>Main Entree</b> Pancake Apple Filled Bagel Cereal <b>Fruit</b> Fruit Cups <b>Milk</b> Milk Milk, Chocolate <b>Dessert</b> Cream Cheese	



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Mon	Tue	Wed	Thu	Fri
10/30/2023	10/31/2023	11/1/2023	11/2/2023	11/3/2023
<b>Main Entree</b> Cereal Bagel Yogurt Bisquit WG Gravy Sausage Breakfast <b>Fruit</b> Apple Slices <b>Milk</b> Milk Milk, Chocolate <b>Dessert</b> Cream Cheese	<b>Main Entree</b> Cereal Bagel Yogurt Muffin, Strawberry <b>Fruit</b> Fruit Cups <b>Milk</b> Milk Milk, Chocolate <b>Dessert</b> Cream Cheese			



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Menu Calendar



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RCCS 23/24  
Lunch

Reedsport School District 105

Mon	Tue	Wed	Thu	Fri
10/2/2023	10/3/2023	10/4/2023	10/5/2023	10/6/2023
<b>Main Entree</b> Potato, Tater Tots Chicken Strips <b>Vegetables</b> Broccoli <b>Fruit</b> Strawberries <b>Milk</b> Milk, Chocolate Milk	<b>Main Entree</b> Corn Dog <b>Vegetables</b> Carrots Peeled Baby <b>Fruit</b> Apple Sauce <b>Milk</b> Milk Milk, Chocolate	<b>Main Entree</b> BBQ Pulled Pork Sandwich Chips, Tortilla <b>Vegetables</b> Carrots Peeled Baby <b>Fruit</b> Apple, Honey Crisp <b>Milk</b> Milk Milk, Chocolate	<b>Main Entree</b> Brown Rice Chicken Manderine <b>Vegetables</b> Broccoli <b>Fruit</b> Strawberries <b>Milk</b> Milk Milk, Chocolate	
10/9/2023	10/10/2023	10/11/2023	10/12/2023	10/13/2023
<b>Main Entree</b> Potato, Tater Tots Fish Sticks <b>Fruit</b> Apple, Honey Crisp <b>Milk</b> Milk Milk, Chocolate	<b>Main Entree</b> WG Pizza Cheese WG Pizza Pepperoni <b>Vegetables</b> Carrots Peeled Baby <b>Fruit</b> Apple, Honey Crisp <b>Milk</b> Milk Milk, Chocolate	<b>Main Entree</b> Spaghetti and Meatballs Garlic Toast <b>Vegetables</b> Celery Sticks <b>Fruit</b> Fruit Cups <b>Milk</b> Milk Milk, Chocolate	<b>Main Entree</b> Brown Rice Teriyaki Chicken <b>Vegetables</b> Broccoli <b>Fruit</b> Fruit Cups <b>Milk</b> Milk Milk, Chocolate	
10/16/2023	10/17/2023	10/18/2023	10/19/2023	10/20/2023
<b>Main Entree</b> Potato, Tater Tots Chicken Strips <b>Vegetables</b> Broccoli <b>Fruit</b> Strawberries <b>Milk</b> Milk, Chocolate Milk	<b>Main Entree</b> Corn Dog <b>Vegetables</b> Carrots Peeled Baby <b>Fruit</b> Apple Sauce <b>Milk</b> Milk Milk, Chocolate	<b>Main Entree</b> BBQ Pulled Pork Sandwich Chips, Tortilla <b>Vegetables</b> Carrots Peeled Baby <b>Fruit</b> Apple, Honey Crisp <b>Milk</b> Milk Milk, Chocolate	<b>Main Entree</b> Brown Rice Chicken Manderine <b>Vegetables</b> Broccoli <b>Fruit</b> Strawberries <b>Milk</b> Milk Milk, Chocolate	



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Menu Calendar



Mon	Tue	Wed	Thu	Fri
10/23/2023	10/24/2023	10/25/2023	10/26/2023	10/27/2023
<b>Main Entree</b> Potato, Tater Tots Fish Sticks <b>Fruit</b> Apple, Honey Crisp <b>Milk</b> Milk Milk, Chocolate	<b>Main Entree</b> WG Pizza Cheese WG Pizza Pepperoni <b>Vegetables</b> Carrots Peeled Baby <b>Fruit</b> Apple, Honey Crisp <b>Milk</b> Milk Milk, Chocolate	<b>Main Entree</b> Spaghetti and Meatballs Garlic Toast <b>Vegetables</b> Celery Sticks <b>Fruit</b> Fruit Cups <b>Milk</b> Milk Milk, Chocolate	<b>Main Entree</b> Brown Rice Teriyaki Chicken <b>Vegetables</b> Broccoli <b>Fruit</b> Fruit Cups <b>Milk</b> Milk Milk, Chocolate	
10/30/2023	10/31/2023	11/1/2023	11/2/2023	11/3/2023
<b>Main Entree</b> Mac & Cheese Garlic Toast <b>Vegetables</b> Snap Peas <b>Fruit</b> Oranges Fresh <b>Milk</b> Milk Milk, Chocolate	<b>Main Entree</b> Cheeseburger Potato, French Fries <b>Vegetables</b> Carrots Peeled Baby <b>Fruit</b> Apple, Honey Crisp <b>Milk</b> Milk Milk, Chocolate	<b>Main Entree</b> Crispy Chicken Sandwich <b>Vegetables</b> Salad Veg <b>Fruit</b> Melon, Cantaloupe <b>Milk</b> Milk Milk, Chocolate	<b>Main Entree</b> Baked Ravioli Cheese Filled <b>Vegetables</b> Carrots Peeled Baby <b>Fruit</b> Oranges, Mandarin <b>Milk</b> Milk Milk, Chocolate	

#### FILTERS

Name(s)	Value(s)
Buildings	(Reedsport Community Charter School, Highland Elementary School)
Date Range	(Start = 10/1/2023, End = 11/4/2023)
Menu Plan	(RCCS 23/24, HES Lunch 23/24)