

Highland

This institution is an equal opportunity provider



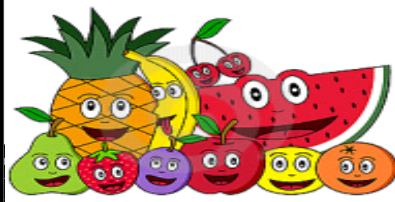
Reedsport participates in a farm to School Grant!



It's a New Year
Think Healthy !!!



SERVED DAILY



Offered Daily
SALAD BAR
Includes
LEAFY GREENS
FRESH VEGGIES
CANNED VEGGIES
FRESH FRUIT
CANNED FRUIT
LEGUMES

Served Daily
WHOLE GRAINS
Part of a Healthy
Diet!

JANUARY 2019


















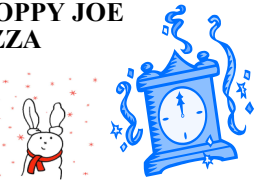



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	<p>1</p> 	<p>2</p> <p>ASIAN RICE BOWL POPCORN Chicken w/Roll NACHOS</p> <p>Dessert 1% White Milk Fat Free Chocolate Milk</p> 	<p>3</p> <p>HAM MELT FAJITA WRAP CHEESEBURGER</p> <p>1% White Milk Fat Free Chocolate Milk</p> 	<p>4</p> <p>FISH STICKS w/Corn Muffin PIZZA</p> <p>1% White Milk Fat Free Chocolate Milk</p> 
<p>7</p> <p>CHICKEN WRAP TOMATO MAC SOUP w/CHEESE SANDWICH CORNDOG</p> <p>1% White Milk Fat Free Chocolate Milk</p>	<p>8</p> <p>CHILI w/CORNBREAD Baked MOZZARELLA STK BURRITO</p> <p>1% White Milk Fat Free Chocolate Milk</p>	<p>9</p> <p>OPEN FACE SANDWICH CHICKEN NUGGETS w/ROLL YOGURT BASKET</p> <p>Dessert 1% White Milk Fat Free Chocolate Milk</p> 	<p>10</p> <p>PIZZA TUNA TORPEDO</p> <p>1% White Milk Fat Free Chocolate Milk</p> 	<p>11 NO SCHOOL</p> 
<p>14</p> <p>POPCORN CHICKEN Bowl w/ROLL RIB GRILLER CORNDOG</p> <p>1% White Milk Fat Free Chocolate Milk</p>	<p>15</p> <p>SOFT TACO TURKEY NOODLE SOUP w/ROLL BURRITO</p> <p>1% White Milk Fat Free Chocolate Milk</p> 	<p>16</p> <p>Homemade MAC&CHEESE DRUMSTICK w/ROLL NACHOS</p> <p>Dessert 1% White Milk Fat Free Chocolate Milk</p> 	<p>17</p> <p>PIZZA CHEESEBURGER</p> <p>1% White Milk Fat Free Chocolate Milk</p> 	<p>18 NO SCHOOL</p> 
<p>21 No School Martin Luther King Jr Day</p> 	<p>22</p> <p>SAUSAGE BISCUIT COLD CUT COMBO BURRITO</p> <p>1% White Milk Fat Free Chocolate Milk</p> 	<p>23</p> <p>CHICKEN TATOR BAKE Teriyaki CHICKEN PLATTER YOGURT BASKET</p> <p>Dessert 1% White Milk Fat Free Chocolate Milk</p>	<p>24</p> <p>CAMPFIRE DOG TURKEY SANDWICH HAMBURGER</p> <p>1% White Milk Fat Free Chocolate Milk</p> 	<p>25</p> <p>SLOPPY JOE PIZZA</p> 
<p>28</p> <p>PORK TACO CHICKEN NUGGET/ROLL CORNDOG</p> <p>1% White Milk Fat Free Chocolate Milk</p> 	<p>29</p> <p>HAM BAGEL MEATY SPAGHETTI w/GARLIC BREAD BURRITO</p> <p>1% White Milk Fat Free Chocolate Milk</p>	<p>30</p> <p>POTATO SOUP/ROLL ROAST TURKEY w/ROLL &Potatoes NACHOS</p> <p>Dessert 1% White Milk Fat Free Chocolate Milk</p>	<p>31</p> <p>PIZZA BAKED MOZZERELLA STK</p> <p>1% White Milk Fat Free Chocolate Milk</p> 	

Date: October 2005		Menu Item
Week 1	Sandwich Week	
Monday 10/3/05	Turkey and Bacon wrap	
Tuesday 10/4/05	Max Double stuff Turkey & Pep. Square w/ apple slices 5# bag	
Wednesday 10/5/05	Open Face Sandwich	
Thursday 10/6/05	Chicken Sandwich	
Friday 10/7/05	Hamburger on Bun	
Week 2	Healthy Choice School Lunch	
Monday 10/10/05	Bread Stix wrapped with Ham 1.5 oz. Or 1 Ham & 1 Cheese	
Tuesday 10/11/05	Popcorn Chicken Salad	
Wednesday 10/12/05	Ham Cubes 2oz or Sticks 1/2 cheese stix - 2 ea apple slices & oster crackers bag	
Thursday 10/13/05	Mexican Pizza square w/ watermelon wedge	
Week 3	Burger Week	
Tuesday 10/18/05	BBQ Beef	
Thursday 10/19/05	Sloppy Joe	
Thursday 10/20/05	Cheese Burger	
Thursday 10/21/05	Turkey & Cheese on Hamburger bun	
Week 4	Healthy Choice School Lunch	
Monday 10/24/05	Ham & Cheese stix or squares / with oster crackers - wedge of watermelon or celery stix and cherry tomato	
Tuesday 10/25/05	#100 tray - Taco Salad - grd. beef & refried beans, salad, cheese, chips	
Wednesday 10/26/05	# 100 tray - boiled egg - whole or sliced - wedge of watermelon - goldfish crackers sliced cheese yellow 1 oz. Approx or more	
Thursday 10/27/05	8oz foam tray - cottage cheese topped with fruit Mandarin Oranges / Pineapple Tidbits / Pears & Peach slices with crackers asst.	
Friday 10/28/05	# 100 tray - 4oz portion paper cup peanut butter / 2 each celery stix - 2 ea cherry tomato - 1 pkg. Saltine crackers - 2 slices of cheese (in squares)	
Week 5	Sandwich Week	
Monday 10/31/05	Grilled Cheese	