Highland Elementary

Marc# 2019

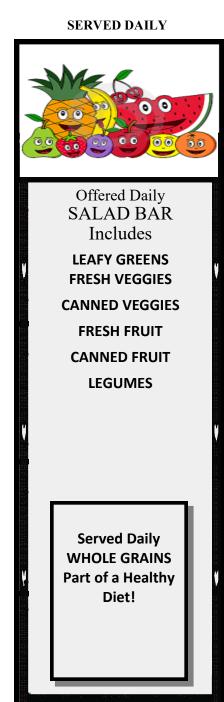
This institution is an equal opportunity provider

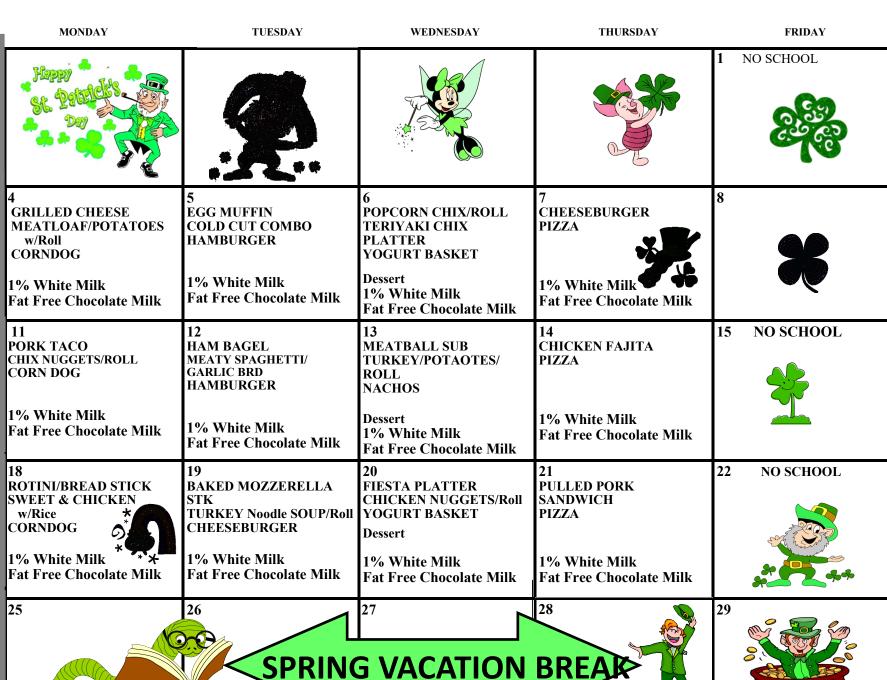
Your HEALTH is like
GILD.....
EAT HEALTHY



Reedsport is participating in a Farm to School grant!







Date: October 2005	Menu Item
Week 1	Sandwich Week
Monday 10/3/05	Turkey and Bacon wrap
Tuesday 10/4/05	Max Double stuff Turkey & Pep. Square w/ apple slices 5# bag
Wednesday 10/5/05	Open Face Sandwich
Thursday 10/6/05	Chicken Sandwich
Friday 10/7/05	Hamburger on Bun
Week 2	Healthy Choice School Lunch
Monday 10/10/05	Bread Stix wrapped with Ham 1.5 oz. Or 1 Ham & 1 Cheese
Tuesday 10/11/05	Popcorn Chicken Salad
Wednesday 10/12/05	Ham Cubes 2oz or Sticks 1/2 cheese stix - 2 ea apple slices & oster crackers bag
Thursday 10/13/05	Mexican Pizza square w/ watermelon wedge
Week 3	Burger Week
Tuesday 10/18/05	BBQ Beef
Thursday 10/19/05	Sloppy Joe
Thursday 10/20/05	Cheese Burger
Thursday 10/21/05	Turkey & Cheese on Hamburger bun
Week 4	Healthy Choice School Lunch
Monday 10/24/05	Ham & Cheese stix or squares / with oster crackers - wedge of watermelon or celery stix and cherry tomato
Tuesday 10/25/05	#100 tray - Taco Salad - grd. beef & refried beans, salad, cheese, chips
Wednesday 10/26/05	# 100 tray - boiled egg - whole or sliced - wedge of watermelon - goldfish crackers sliced cheese yellow 1 oz. Approx or more
Thursday 10/27/05	8oz foam tray - cottage cheese topped with fruit Mandarin Oranges / Pineapple Tidbits / Pears & Peach slices with crackers asst.
Friday 10/28/05	# 100 tray - 4oz portion paper cup peanut butter / 2 each celery stix - 2 ea cherry tomato - 1 pkg. Saltine crackers - 2 slices of cheese (in squares)
Week 5	Sandwich Week
Monday 10/31/05	Grilled Cheese