

# MARCH 2019

SERVED DAILY

This institution is an equal opportunity provider

Your HEALTH is like  
GOLD.....  
EAT HEALTHY



Reedsport is participating in a Farm to School grant!



SERVED DAILY		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
						1 NO SCHOOL 
Offered Daily SALAD BAR Includes LEAFY GREENS FRESH VEGGIES CANNED VEGGIES FRESH FRUIT CANNED FRUIT LEGUMES		4 GRILLED CHEESE MEATLOAF/POTATOES w/Roll CORNDOG  1% White Milk Fat Free Chocolate Milk	5 EGG MUFFIN COLD CUT COMBO HAMBURGER  1% White Milk Fat Free Chocolate Milk	6 POPCORN CHIX/ROLL TERIYAKI CHIX PLATTER YOGURT BASKET  Dessert 1% White Milk Fat Free Chocolate Milk	7 CHEESEBURGER PIZZA  1% White Milk Fat Free Chocolate Milk	8 
Served Daily WHOLE GRAINS Part of a Healthy Diet!		11 PORK TACO CHIX NUGGETS/ROLL CORN DOG  1% White Milk Fat Free Chocolate Milk	12 HAM BAGEL MEATY SPAGHETTI/ GARLIC BRD HAMBURGER  1% White Milk Fat Free Chocolate Milk	13 MEATBALL SUB TURKEY/POTAOTES/ ROLL NACHOS  Dessert 1% White Milk Fat Free Chocolate Milk	14 CHICKEN FAJITA PIZZA  1% White Milk Fat Free Chocolate Milk	15 NO SCHOOL 
		18 ROTINI/BREAD STICK SWEET & CHICKEN w/Rice CORNDOG  1% White Milk Fat Free Chocolate Milk	19 BAKED MOZZERELLA STK TURKEY Noodle SOUP/Roll CHEESEBURGER  1% White Milk Fat Free Chocolate Milk	20 FIESTA PLATTER CHICKEN NUGGETS/Roll YOGURT BASKET  Dessert 1% White Milk Fat Free Chocolate Milk	21 PULLED PORK SANDWICH PIZZA  1% White Milk Fat Free Chocolate Milk	22 NO SCHOOL 
		25 	26 	27 	28 	29 

Date: October 2005		Menu Item
Week 1	Sandwich Week	
Monday 10/3/05	Turkey and Bacon wrap	
Tuesday 10/4/05	Max Double stuff Turkey & Pep. Square w/ apple slices 5# bag	
Wednesday 10/5/05	Open Face Sandwich	
Thursday 10/6/05	Chicken Sandwich	
Friday 10/7/05	Hamburger on Bun	
Week 2	Healthy Choice School Lunch	
Monday 10/10/05	Bread Stix wrapped with Ham 1.5 oz. Or 1 Ham & 1 Cheese	
Tuesday 10/11/05	Popcorn Chicken Salad	
Wednesday 10/12/05	Ham Cubes 2oz or Sticks 1/2 cheese stix - 2 ea apple slices & oster crackers bag	
Thursday 10/13/05	Mexican Pizza square w/ watermelon wedge	
Week 3	Burger Week	
Tuesday 10/18/05	BBQ Beef	
Thursday 10/19/05	Sloppy Joe	
Thursday 10/20/05	Cheese Burger	
Thursday 10/21/05	Turkey & Cheese on Hamburger bun	
Week 4	Healthy Choice School Lunch	
Monday 10/24/05	Ham & Cheese stix or squares / with oster crackers - wedge of watermelon or celery stix and cherry tomato	
Tuesday 10/25/05	#100 tray - Taco Salad - grd. beef & refried beans, salad, cheese, chips	
Wednesday 10/26/05	# 100 tray - boiled egg - whole or sliced - wedge of watermelon - goldfish crackers sliced cheese yellow 1 oz. Approx or more	
Thursday 10/27/05	8oz foam tray - cottage cheese topped with fruit Mandarin Oranges / Pineapple Tidbits / Pears & Peach slices with crackers asst.	
Friday 10/28/05	# 100 tray - 4oz portion paper cup peanut butter / 2 each celery stix - 2 ea cherry tomato - 1 pkg. Saltine crackers - 2 slices of cheese (in squares)	
Week 5	Sandwich Week	
Monday 10/31/05	Grilled Cheese	