



Menus are subject to change

Menu Calendar



Fresh fruit and vegetables available daily

HES Breakfast Breakfast

This institution is an equal opportunity provider

Reedsport School District 105

Mon	Tue	Wed	Thu	Fri
10/31/2022	11/1/2022	11/2/2022	11/3/2022	11/4/2022
Main Entree Yogurt Granola Fruit Orange Juice Apple, Red Delicious Milk Milk Milk, Chocolate	Main Entree Burrito Breakfast juice apple Fruit Oranges Fresh Milk Milk Milk, Chocolate Condiments Salsa	Main Entree Egg Cheese Muffin Fruit Orange Juice Banana Milk Milk Milk, Chocolate	Main Entree French Toast Sticks juice apple Fruit Melon, Honeydew Milk Milk Milk, Chocolate	
11/7/2022	11/8/2022	11/9/2022	11/10/2022	11/11/2022
Main Entree juice apple Bagel Mini Strawberry Creamy Cheese Filled Fruit Banana Milk Milk, Chocolate Milk	Main Entree Pizza Breakfast Fruit Orange Juice Apple Sauce Milk Milk, Chocolate Milk	Main Entree juice apple Waffles Mini Maple Fruit Oranges Fresh Milk Milk Milk, Chocolate	Main Entree Breakfast Bar Ham, Egg & Cheese Fruit Orange Juice KIWI Milk Milk, Chocolate Milk Dessert Crackers Graham	
11/14/2022	11/15/2022	11/16/2022	11/17/2022	11/18/2022
Main Entree Pancake Apple Filled Fruit Orange Juice Apple, Gala Milk Milk Milk, Chocolate	Main Entree Breakfast Cookie juice apple Fruit Oranges Fresh Milk Milk, Chocolate Milk	Main Entree Donut Long John Fruit Orange Juice Banana Milk Milk Milk, Chocolate	Main Entree Muffins, Blueberry juice apple Fruit Melon, Cantaloupe Milk Milk, Chocolate Milk	



Mon	Tue	Wed	Thu	Fri
11/21/2022	11/22/2022	11/23/2022	11/24/2022	11/25/2022
11/28/2022	11/29/2022	11/30/2022	12/1/2022	12/2/2022
Main Entree Banana Bread Fruit Orange Juice Apple Sauce Milk Milk, Chocolate Milk	Main Entree juice apple Breakfast Link Sausage Egg Cheese Fruit Banana Milk Milk, Chocolate Milk	Main Entree Cereal Fruit Orange Juice Strawberries Milk Milk, Chocolate Milk Dessert Crackers Graham	Main Entree Sausage Cheese Muffin juice apple Fruit Oranges Fresh Milk Milk Milk, Chocolate	

FILTERS	
Name(s)	Value(s)
Buildings	(Highland Elementary School)
Date Range	(Start = 10/30/2022, End = 12/3/2022)
Menu Plan	(HES Breakfast)



Menus are subject to change
Fresh fruit and vegetables available daily

Menu Calendar



This institution is an equal opportunity provider

Highland Lunch
Lunch

Reedsport School District 105

Mon	Tue	Wed	Thu	Fri
10/31/2022	11/1/2022	11/2/2022	11/3/2022	11/4/2022
Main Entree Pot Pie, Chicken or Turkey Bisquit WG Fruit Cucumbers KIWI Milk Milk, Chocolate Milk	Main Entree Pizza Cup Vegetables Corn Fruit Pineapple Milk Milk, Chocolate Milk Condiments Marinara Sauce Cup	Main Entree Burrito Beef or Pork Vegetables Carrots Peeled Baby Fruit Grapes Red Milk Milk, Chocolate Milk	Main Entree Rice Chicken Stir-Fry Fruit Oranges Fresh Milk Milk, Chocolate Milk	
11/7/2022	11/8/2022	11/9/2022	11/10/2022	11/11/2022
Main Entree Beef Shepherd's Pie Fruit Fruit Cups Milk Milk, Chocolate Milk	Main Entree Beans, Refried Burrito Chicken Fruit Oranges Fresh Milk Milk, Chocolate Milk	Main Entree Ham Hawaiian Coconut Rice Vegetables Celery Sticks Fruit Pineapple Milk Milk, Chocolate Milk	Main Entree Mac & Cheese Baked Creamy Coleslaw Milk Milk, Chocolate Milk	



Mon	Tue	Wed	Thu	Fri
11/14/2022 Main Entree Roll Dinner Beef Vegetable Soup Fruit Apple, Red Delicious Milk Milk, Chocolate Milk	11/15/2022 Main Entree Chicken Fajitas Vegetables Corn Fruit Oranges Fresh Milk Milk, Chocolate Milk Condiments Salsa	11/16/2022 Main Entree Chili Con Carne with Beans Cornbread USDA Vegetables Carrots Peeled Baby Fruit Pears Canned Milk Milk, Chocolate Milk	11/17/2022 Main Entree Potatoes Mashed Turkey & Dressing Vegetables Beans Green Fruit KIWI Milk Milk, Chocolate Milk Condiments Gravy, Turkey Ranch Dressing	11/18/2022
11/21/2022	11/22/2022	11/23/2022	11/24/2022	11/25/2022
11/28/2022 Main Entree Roll Dinner Salisbury Steak Orange Glazed Carrots Fruit KIWI Milk Milk, Chocolate Milk	11/29/2022 Main Entree Beans, Refried Ropa Vieja (Shredded Beef over Rice) Fruit Oranges Fresh Milk Milk, Chocolate Milk Condiments Salsa	11/30/2022 Main Entree Chicken Drumstick Vegetables Baked Sweet Potatoes & Apples Roasted Potato Salad Milk Milk, Chocolate Milk	12/1/2022 Main Entree Roll Dinner Spaghetti & Meat Sauce Vegetables Beans Green Milk Milk, Chocolate Milk Dessert Strawberry Sorbet	12/2/2022

FILTERS

Name(s)

Value(s)

Buildings

(Highland Elementary School)


HES Supper
Dinner

Reedsport School District 105

Mon	Tue	Wed	Thu	Fri
10/24/2022	10/25/2022	10/26/2022	10/27/2022	10/28/2022
Main Entree Quesadilla Vegetables Carrots Peeled Baby Fruit Oranges Fresh	Main Entree Yogurt Vegetables Celery Sticks Fruit Fruit Cups Dessert Cheese Crackers	Main Entree Pretzels Fruit Apple Sauce Cucumbers	Main Entree Turkey Sandwich Vegetables Broccoli Fruit Banana	
10/31/2022	11/1/2022	11/2/2022	11/3/2022	11/4/2022
Main Entree Corn Dog Vegetables Broccoli Fruit Peach Cups Milk Milk Milk, Chocolate Condiments Ketchup Ranch Dressing	Main Entree Chicken Popcorn Vegetables Cauliflower Fruit Pears Canned Milk Milk, Chocolate Milk Condiments Ranch Dressing Barbeque Sauce	Main Entree Tuna Sub on WW Hoagie Vegetables Snap Peas Fruit Tomatoes Milk Milk, Chocolate Condiments Ranch Dressing	Main Entree Pizza Mini Vegetables Vegetables Mixed, Canned Milk Milk Milk, Chocolate Condiments Ranch Dressing Dessert Fruit Cups Frozen Strawberry	

Menus are subject to change
Fresh fruit and vegetables available daily
This institution is an equal opportunity provider



Mon	Tue	Wed	Thu	Fri
11/7/2022	11/8/2022	11/9/2022	11/10/2022	11/11/2022
Main Entree Cheeseburger Vegetables Broccoli Fruit Peach Cups Milk Milk, Chocolate Milk Condiments Ketchup Mustard Ranch Dressing	Main Entree Turkey Ranch Wrap Tortilla Shell Vegetables Cauliflower Lettuce, Romaine Fruit Pears Canned Milk Milk Milk, Chocolate Condiments Ranch Dressing	Main Entree Yogurt Granola Vegetables Snap Peas Fruit Tomatoes Fruit Cups Milk Milk, Chocolate Milk Condiments Ranch Dressing	Main Entree Chicken Sandwich Vegetables Vegetables Mixed, Canned Milk Milk, Chocolate Milk Condiments Ketchup Ranch Dressing Mayonnaise Dessert Fruit Cups Frozen Strawberry	
11/14/2022	11/15/2022	11/16/2022	11/17/2022	11/18/2022
Main Entree Chicken Popcorn Vegetables Broccoli Fruit Peach Cups Milk Milk, Chocolate Milk Condiments Barbeque Sauce Ranch Dressing	Main Entree Cheese Breadstick Vegetables Cauliflower Fruit Pears Canned Milk Milk, Chocolate Milk Condiments Ranch Dressing Marinara Sauce	Main Entree Cheddar Cheese Sauce Pretzel Bites Vegetables Snap Peas Fruit Tomatoes Fruit Cups Milk Milk, Chocolate Milk Condiments Ranch Dressing	Main Entree Cheddar Cheese Slice Buffuao Chicken Wrap Vegetables Vegetables Mixed, Canned Milk Milk, Chocolate Milk Dessert Fruit Cups Frozen Strawberry	
11/21/2022	11/22/2022	11/23/2022	11/24/2022	11/25/2022



Mon	Tue	Wed	Thu	Fri
11/28/2022	11/29/2022	11/30/2022	12/1/2022	12/2/2022
Main Entree Cheese Sandwich Grilled Vegetables Broccoli Fruit Peach Cups Milk Milk, Chocolate Milk Condiments Ranch Dressing	Main Entree Hot Dog Vegetables Cauliflower Fruit Pears Canned Milk Milk, Chocolate Milk Condiments Ketchup Mustard Ranch Dressing	Main Entree Corn Dog Mini Vegetables Snap Peas Fruit Tomatoes Fruit Cups Milk Milk, Chocolate Milk Condiments Ketchup Mustard Ranch Dressing	Main Entree Burrito Bean Cheese Vegetables Vegetables Mixed, Canned Milk Milk, Chocolate Milk Condiments Ranch Dressing Dessert Fruit Cups Frozen Strawberry	

FILTERS

Name(s)	Value(s)
Buildings	(Highland Elementary School)
Date Range	(Start = 10/23/2022, End = 12/3/2022)
Menu Plan	(HES Supper)