



Menus are subject to change

Menu Calendar



Fresh fruit and vegetables available daily

This institution is an equal opportunity provider

HES Breakfast
Breakfast

Reedsport School District 105

Mon	Tue	Wed	Thu	Fri
12/5/2022	12/6/2022	12/7/2022	12/8/2022	12/9/2022
Main Entree Yogurt Granola Fruit Orange Juice Apple, Red Delicious Milk Milk Milk, Chocolate	Main Entree Burrito Breakfast juice apple Fruit Oranges Fresh Milk Milk Milk, Chocolate Condiments Salsa	Main Entree Egg Cheese Muffin Fruit Orange Juice Banana Milk Milk Milk, Chocolate	Main Entree French Toast Sticks juice apple Fruit Melon, Honeydew Milk Milk Milk, Chocolate	
12/12/2022	12/13/2022	12/14/2022	12/15/2022	12/16/2022
Main Entree juice apple Bagel Mini Strawberry Creamy Cheese Filled Fruit Banana Milk Milk, Chocolate Milk	Main Entree Pizza Breakfast Fruit Orange Juice Apple Sauce Milk Milk, Chocolate Milk	Main Entree juice apple Waffles Mini Maple Fruit Oranges Fresh Milk Milk Milk, Chocolate	Main Entree Breakfast Bar Ham, Egg & Cheese Fruit Orange Juice KIWI Milk Milk, Chocolate Milk Dessert Crackers Graham	



Highland Lunch

Reedsport School District 105

Mon	Tue	Wed	Thu	Fri
12/5/2022 Main Entree Pot Pie, Chicken or Turkey Bisquit WG Ham Sandwich Fruit Cucumbers KIWI Milk Milk, Chocolate Milk	12/6/2022 Main Entree Pizza Cup Chef Salad Vegetables Corn Fruit Pineapple Milk Milk, Chocolate Milk Condiments Marinara Sauce Cup	12/7/2022 Main Entree Burrito Beef or Pork Cottage Cheese Platter Vegetables Carrots Peeled Baby Fruit Grapes Red Milk Milk, Chocolate Milk	12/8/2022 Main Entree Rice Chicken Stir-Fry Turkey Sandwich Fruit Oranges Fresh Milk Milk, Chocolate Milk	12/9/2022
12/12/2022 Main Entree Beef Shepherd's Pie Ham Sandwich Fruit Fruit Cups Milk Milk, Chocolate Milk	12/13/2022 Main Entree Beans, Refried Burrito Chicken Chef Salad Fruit Oranges Fresh Milk Milk, Chocolate Milk	12/14/2022 Main Entree Ham Hawaiian Coconut Rice Cottage Cheese Platter Vegetables Celery Sticks Fruit Pineapple Milk Milk, Chocolate Milk	12/15/2022 Main Entree Mac & Cheese Baked Creamy Coleslaw Turkey Sandwich Milk Milk, Chocolate Milk	12/16/2022

HES Supper
Dinner

Reedsport School District 105

Mon	Tue	Wed	Thu	Fri
12/5/2022 Main Entree Corn Dog Vegetables Broccoli Fruit Peach Cups Milk Milk, Chocolate Condiments Ketchup Ranch Dressing	12/6/2022 Main Entree Chicken Popcorn Vegetables Cauliflower Fruit Pears Canned Milk Milk, Chocolate Condiments Ranch Dressing Barbeque Sauce	12/7/2022 Main Entree Tuna Sub on WW Hoagle Vegetables Snap Peas Fruit Tomatoes Milk Milk, Chocolate Condiments Ranch Dressing	12/8/2022 Main Entree Pizza Mini Vegetables Vegetables Mixed, Canned Milk Milk Milk, Chocolate Condiments Ranch Dressing Dessert Fruit Cups Frozen Strawberry	12/9/2022
12/12/2022 Main Entree Cheeseburger Vegetables Broccoli Fruit Peach Cups Milk Milk, Chocolate Condiments Ketchup Mustard Ranch Dressing	12/13/2022 Main Entree Turkey Ranch Wrap Tortilla Shell Vegetables Cauliflower Lettuce, Romaine Fruit Pears Canned Milk Milk Milk, Chocolate Condiments Ranch Dressing	12/14/2022 Main Entree Yogurt Granola Vegetables Snap Peas Fruit Tomatoes Fruit Cups Milk Milk, Chocolate Condiments Ranch Dressing	12/15/2022 Main Entree Chicken Sandwich Vegetables Vegetables Mixed, Canned Milk Milk, Chocolate Condiments Ketchup Ranch Dressing Mayonnaise Dessert Fruit Cups Frozen Strawberry	12/16/2022