



Menus are subject to change
Fresh fruit and vegetables available daily
This institution is an equal opportunity provider

Menu Calendar



HES Breakfast
Breakfast

Reedsport School District 105

Mon	Tue	Wed	Thu	Fri
4/3/2023	4/4/2023	4/5/2023	4/6/2023	4/7/2023
Main Entree Cereal Fruit Banana Orange Juice Milk Milk Milk, Chocolate Soy Milk Dessert Crackers Graham	Main Entree Burrito Breakfast Fruit Strawberries Apple Juice Milk Milk Milk, Chocolate Soy Milk	Main Entree Strudel Apple Fruit Orange Juice Fruit Cups Milk Milk Milk, Chocolate Soy Milk	Main Entree Cinnamon Rolls Fruit Apple Juice Apple, Red Delicious Milk Milk Milk, Chocolate Soy Milk	
4/10/2023	4/11/2023	4/12/2023	4/13/2023	4/14/2023
Main Entree Breakfast Cookie Fruit Oranges Fresh Milk Milk Milk, Chocolate Soy Milk Juice Juice Grape	Main Entree Waffles Mini Maple Fruit Apple Juice Banana Milk Milk Milk, Chocolate Soy Milk	Main Entree Banana Bread Fruit Orange Juice Melon, Honeydew Milk Milk Milk, Chocolate Soy Milk	Main Entree Poptart Strawberry Fruit Strawberries Milk Milk Milk, Chocolate Soy Milk Juice Juice Grape	
4/17/2023	4/18/2023	4/19/2023	4/20/2023	4/21/2023
Main Entree Benefit Bar Chocolate Chip Fruit Apple Juice Oranges Fresh Milk Milk Milk, Chocolate Soy Milk	Main Entree Pizza Breakfast Fruit Orange Juice Banana Milk Milk Milk, Chocolate Soy Milk	Main Entree Bagel Mini Strawberry Creamy Cheese Filled Fruit Orange Juice Melon, Cantaloupe Milk Milk Milk, Chocolate Soy Milk	Main Entree Donut Long John Fruit Apple Juice Apple, Red Delicious Milk Milk Milk, Chocolate Soy Milk	



Mon	Tue	Wed	Thu	Fri
4/24/2023	4/25/2023	4/26/2023	4/27/2023	4/28/2023
Main Entree Cereal	Main Entree Waffles Mini Maple	Main Entree Cinnamon Rolls	Main Entree Burrito Breakfast	
Fruit Orange Juice Apple Sauce	Fruit Oranges Fresh	Fruit Orange Juice KIWI	Fruit Oranges Fresh	
Milk Milk Milk, Chocolate Soy Milk	Milk Milk Milk, Chocolate Soy Milk	Milk Milk Milk, Chocolate Soy Milk	Milk Milk Milk, Chocolate Soy Milk	
Dessert Crackers Graham	Juice Juice Grape		Juice Juice Grape	



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Menu Calendar



Highland Lunch
Lunch

Reedsport School District 105

Mon	Tue	Wed	Thu	Fri
4/3/2023	4/4/2023	4/5/2023	4/6/2023	4/7/2023
Main Entree Chicken Taco Sandwich PBJ Salad Mix Vegetables Corn Fruit Apple, Granny Smith Milk Milk Milk, Chocolate Soy Milk Condiments Ranch Dressing	Main Entree Burrito Bean Cheese Sandwich Turkey Potato, Smile Fruit Oranges Fresh Milk Milk Milk, Chocolate Soy Milk Condiments Salsa	Main Entree Cheese Sandwich Grilled Soup, Chicken or Turkey Noodle Roll Dinner Salad Mix Potato, Tater Tots Vegetables Carrots Peeled Baby Fruit KIWI Milk Milk Milk, Chocolate Soy Milk Condiments Ranch Dressing	Main Entree Cheese Breadstick Yogurt Basket Potato, French Fries Vegetables Beans Green Milk Milk Milk, Chocolate Soy Milk Condiments Marinara Sauce	
4/10/2023	4/11/2023	4/12/2023	4/13/2023	4/14/2023
Main Entree Sweet & Sour Chicken Sandwich Turkey Potato, Smile Salad Mix Fruit Oranges Fresh Milk Milk Milk, Chocolate Soy Milk Condiments Ranch Dressing	Main Entree Cheeseburger Cheese Sandwich Grilled Potato, French Fries Salad Mix Fruit KIWI Milk Milk Milk, Chocolate Soy Milk Condiments Ranch Dressing	Main Entree Yogurt Basket Buffalo Chicken tot Bake Potato, French Fries Salad Mix Fruit Strawberries Milk Milk Milk, Chocolate Soy Milk Condiments Ranch Dressing	Main Entree Pizza Cheese Sandwich PBJ Salad Mix Potato, Smile Fruit Fruit Mixed (canned) Milk Milk Milk, Chocolate Soy Milk Condiments Ranch Dressing Ketchup Marinara Sauce	



Mon	Tue	Wed	Thu	Fri
<p>4/17/2023</p> <p>Main Entree Yogurt Basket Cheesy Chicken Pizza Sub Salad Mix</p> <p>Vegetables Corn</p> <p>Fruit Strawberries</p> <p>Milk Milk Milk, Chocolate Soy Milk</p> <p>Condiments Marinara Sauce Ranch Dressing</p>	<p>4/18/2023</p> <p>Main Entree Sloppy Joe Sandwich PBJ Potato, French Fries Salad Mix</p> <p>Fruit Banana</p> <p>Milk Milk Milk, Chocolate Soy Milk</p> <p>Condiments Ranch Dressing</p>	<p>4/19/2023</p> <p>Main Entree Fish Sticks Sandwich Turkey Salad Mix Potato, Smile</p> <p>Vegetables Beans Green</p> <p>Fruit Oranges Fresh</p> <p>Milk Milk Milk, Chocolate Soy Milk</p> <p>Condiments Ranch Dressing Ketchup</p>	<p>4/20/2023</p> <p>Main Entree Chicken Sandwich Cheese Sandwich Grilled Potato, French Fries Salad Mix</p> <p>Fruit Apple Sauce</p> <p>Milk Milk Milk, Chocolate Soy Milk</p> <p>Condiments Ranch Dressing Ketchup</p>	<p>4/21/2023</p>
<p>4/24/2023</p> <p>Main Entree Tuna Sub on WW Hoagie Cheese Sandwich Grilled Potato, French Fries Salad Mix</p> <p>Fruit Strawberries Cucumbers</p> <p>Milk Milk Milk, Chocolate Soy Milk</p> <p>Condiments Ketchup Ranch Dressing</p>	<p>4/25/2023</p> <p>Main Entree Sandwich PBJ Chicken Popcorn Salad Mix Potato, Smile</p> <p>Vegetables Celery Sticks</p> <p>Fruit Apple, Gala</p> <p>Milk Milk Milk, Chocolate Soy Milk</p> <p>Condiments Ketchup Ranch Dressing</p>	<p>4/26/2023</p> <p>Main Entree Spaghetti & Meat Sauce Yogurt Basket Salad Mix Garlic Toast</p> <p>Vegetables Broccoli</p> <p>Fruit Cucumbers</p> <p>Milk Milk Milk, Chocolate Soy Milk</p> <p>Condiments Ranch Dressing</p>	<p>4/27/2023</p> <p>Main Entree Pizza Cheese Sandwich Turkey Salad Mix Potato, French Fries</p> <p>Vegetables Corn</p> <p>Fruit Fruit Mixed (canned) Oranges Fresh</p> <p>Milk Milk Milk, Chocolate Soy Milk</p> <p>Condiments Ranch Dressing Ketchup</p>	<p>4/28/2023</p>