

## Menus are subject to change

## Menu Calendar

## Fresh fruit and vegetables available daily This institution is an equal opportunity provider

HES Breakfast Breakfast

Reedsport School District 105

Mon		Tue	DESIGN R	Wed	Thu	Fri
Main Entree Burrito Breakfast Apple Juice Fruit Oranges Fresh Milk Milk Milk, Chocolate Condiments Salsa		Main Entree Egg Cheese Muffin Fruit Orange Juice Banana Milk Milk Milk, Chocolate	2/28/2023	3/1/2023  Main Entree French Toast Sticks Apple Juice Fruit Melon, Honeydew Milk Milk Milk, Chocolate	3/2/2023  Main Entree Apple Juice Bagel Mini Strawberry Creamy Cheese Filled  Fruit Banana Milk Milk, Chocolate Milk	3/3/2023
Main Entree Pizza Breakfast Fruit Orange Juice Apple Sauce Milk Milk, Chocolate Milk	3/6/2023	Main Entree Apple Juice Waffles Mini Maple Fruit Oranges Fresh Milk Milk Milk, Chocolate	3/7/2023	3/8/2023 Main Entree Breakfast Bar Ham, Egg & Cheese Fruit Orange Juice KIWI Milk Milk, Chocolate Milk Dessert Crackers Graham	3/9/2023  Main Entree Sausage Cheese Muffin Apple Juice Fruit Oranges Fresh Milk Milk Milk Milk, Chocolate	3/10/2023
Main Entree Breakfast Cookie Apple Juice Fruit Oranges Fresh Milk Milk, Chocolate Milk	3/13/2023	Main Entree Donut Long John Fruit Orange Juice Banana Milk Milk Milk, Chocolate	3/14/2023	3/15/2023 Main Entree Muffins, Blueberry Apple Juice Fruit Melon, Cantaloupe Milk Milk, Chocolate Milk	3/16/2023  Main Entree Banana Bread Fruit Orange Juice Apple Sauce Milk Milk, Chocolate Milk	3/17/2023





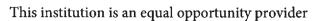


Mon	Tue	Wed	Thu	Fri
3/20/2023  Main Entree Apple Juice Breakfast Link Sausage Egg Cheese Fruit Banana Milk Milk, Chocolate Milk	3/21/2023  Main Entree Cereal Fruit Orange Juice Strawberries Milk Milk, Chocolate Milk Dessert Crackers Graham	3/22/2023  Main Entree Yogurt Granola Fruit Orange Juice Apple, Red Delicious Milk Milk Milk, Chocolate	3/23/2023  Main Entree Pizza Breakfast Fruit Orange Juice Apple Sauce Milk Milk, Chocolate Milk	3/24/2023



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Highland Lunch Lunch



Reedsport School District 105

Mon	Tue	Wed	Thu	Fri
2/27/2023  Main Entree Pot Pie, Chicken or Turkey Bisquit WG Ham Sandwich Potato, Smile  Fruit Cucumbers KIWI  Milk Milk Milk Milk, Chocolate  Condiments Ranch Dressing	2/28/2023  Main Entree Pizza Pepperoni Yogurt Basket Vegetables Corn Fruit Fruit Cups Pineapple Milk Milk Milk, Chocolate Condiments Marinara Sauce	3/1/2023  Main Entree Burrito Beef or Pork Burrito Bean Cheese Cottage Cheese Platter  Vegetables Carrots Peeled Baby  Fruit Grapes Red Milk Milk Milk, Chocolate Condiments Salsa Ranch Dressing	3/2/2023  Main Entree Chicken Stir-Fry Sandwich Turkey Potato, French Fries  Fruit Oranges Fresh Milk Milk Milk, Chocolate	3/3/2023
3/6/2023  Main Entree Beef Shepherd's Pie Ham Sandwich Potato, French Fries  Fruit Fruit Cups Milk Milk Milk, Chocolate	3/7/2023  Main Entree Burrito Chicken Yogurt Basket Fruit Oranges Fresh Milk Milk Milk, Chocolate	3/8/2023  Main Entree Fish Sticks Cottage Cheese Platter  Vegetables Celery Sticks  Fruit Pineapple Milk Milk Milk, Chocolate	3/9/2023  Main Entree  Mac & Cheese Baked Creamy Colesiaw Sandwich Turkey Potato, French Fries Fruit Fruit Cups Milk Milk, Chocolate	3/10/2023





Mon	1	Tue	Wed	Thu	Fri
Main Entree Beef Vegetable Soup Roll Dinner Ham Sandwich Fruit Apple, Red Delicious Milk Milk Milk, Chocolate		3/14/2023  Main Entree Chicken Fajitas Yogurt Basket  Vegetables Corn Fruit Oranges Fresh Milk Milk Milk, Chocolate	3/15/2023  Main Entree Chili Con Carne with Beans Cornbread Cottage Cheese Platter  Vegetables Carrots Peeled Baby  Fruit Pears Canned  Milk Milk Milk, Chocolate	3/16/2023  Main Entree Gravy, Turkey Potatoes Mashed Sandwich Turkey  Fruit KIWI Milk Milk Milk, Chocolate Condiments Ranch Dressing	3/17/2023
Main Entree Meatloaf Roll Dinner Potatoes Mashed Fruit Salad Carrot Raisin Cucumbers KIWI Milk Milk Milk, Chocolate	3/20/2023	3/21/2023  Main Entree Ropa Vieja (Shredded Beef over Rice) Yogurt Basket Potato, French Fries  Fruit Oranges Fresh Milk Milk Milk Milk, Chocolate	3/22/2023  Main Entree Chicken Drumstick Cottage Cheese Platter  Vegetables Roasted Potato Salad Baked Sweet Potatoes & Apples  Milk Milk Milk, Chocolate	3/23/2023  Main Entree Spaghetti & Meat Sauce Garlic Toast Sandwich Turkey  Milk Milk Milk, Chocolate  Dessert Strawberry Sorbet	3/24/2023

