



Menus are subject to change

Menu Calendar



Fresh fruit and vegetables available daily

This institution is an equal opportunity provider

HES Breakfast
Breakfast

Reedsport School District 105

Mon	Tue	Wed	Thu	Fri
2/27/2023	2/28/2023	3/1/2023	3/2/2023	3/3/2023
Main Entree Burrito Breakfast Apple Juice Fruit Oranges Fresh Milk Milk Milk, Chocolate Condiments Salsa	Main Entree Egg Cheese Muffin Fruit Orange Juice Banana Milk Milk Milk, Chocolate	Main Entree French Toast Sticks Apple Juice Fruit Melon, Honeydew Milk Milk Milk, Chocolate	Main Entree Apple Juice Bagel Mini Strawberry Creamy Cheese Filled Fruit Banana Milk Milk, Chocolate Milk	
3/6/2023	3/7/2023	3/8/2023	3/9/2023	3/10/2023
Main Entree Pizza Breakfast Fruit Orange Juice Apple Sauce Milk Milk, Chocolate Milk	Main Entree Apple Juice Waffles Mini Maple Fruit Oranges Fresh Milk Milk Milk, Chocolate	Main Entree Breakfast Bar Ham, Egg & Cheese Fruit Orange Juice KIWI Milk Milk, Chocolate Milk Dessert Crackers Graham	Main Entree Sausage Cheese Muffin Apple Juice Fruit Oranges Fresh Milk Milk Milk, Chocolate	
3/13/2023	3/14/2023	3/15/2023	3/16/2023	3/17/2023
Main Entree Breakfast Cookie Apple Juice Fruit Oranges Fresh Milk Milk, Chocolate Milk	Main Entree Donut Long John Fruit Orange Juice Banana Milk Milk Milk, Chocolate	Main Entree Muffins, Blueberry Apple Juice Fruit Melon, Cantaloupe Milk Milk, Chocolate Milk	Main Entree Banana Bread Fruit Orange Juice Apple Sauce Milk Milk, Chocolate Milk	



Mon	Tue	Wed	Thu	Fri
3/20/2023	3/21/2023	3/22/2023	3/23/2023	3/24/2023
Main Entree Apple Juice Breakfast Link Sausage Egg Cheese Fruit Banana Milk Milk, Chocolate Milk	Main Entree Cereal Fruit Orange Juice Strawberries Milk Milk, Chocolate Milk Dessert Crackers Graham	Main Entree Yogurt Granola Fruit Orange Juice Apple, Red Delicious Milk Milk Milk, Chocolate	Main Entree Pizza Breakfast Fruit Orange Juice Apple Sauce Milk Milk, Chocolate Milk	



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Menu Calendar



Highland Lunch
Lunch

Reedsport School District 105

Mon	Tue	Wed	Thu	Fri
2/27/2023	2/28/2023	3/1/2023	3/2/2023	3/3/2023
Main Entree Pot Pie, Chicken or Turkey Bisquit WG Ham Sandwich Potato, Smile Fruit Cucumbers KIWI Milk Milk Milk, Chocolate Condiments Ranch Dressing	Main Entree Pizza Pepperoni Yogurt Basket Vegetables Corn Fruit Fruit Cups Pineapple Milk Milk Milk, Chocolate Condiments Marinara Sauce	Main Entree Burrito Beef or Pork Burrito Bean Cheese Cottage Cheese Platter Vegetables Carrots Peeled Baby Fruit Grapes Red Milk Milk Milk, Chocolate Condiments Salsa Ranch Dressing	Main Entree Chicken Stir-Fry Sandwich Turkey Potato, French Fries Fruit Oranges Fresh Milk Milk Milk, Chocolate	
3/6/2023	3/7/2023	3/8/2023	3/9/2023	3/10/2023
Main Entree Beef Shepherd's Pie Ham Sandwich Potato, French Fries Fruit Fruit Cups Milk Milk Milk, Chocolate	Main Entree Burrito Chicken Yogurt Basket Fruit Oranges Fresh Milk Milk Milk, Chocolate	Main Entree Fish Sticks Cottage Cheese Platter Vegetables Celery Sticks Fruit Pineapple Milk Milk Milk, Chocolate	Main Entree Mac & Cheese Baked Creamy Coleslaw Sandwich Turkey Potato, French Fries Fruit Fruit Cups Milk Milk Milk, Chocolate	



Mon	Tue	Wed	Thu	Fri
3/13/2023	3/14/2023	3/15/2023	3/16/2023	3/17/2023
Main Entree Beef Vegetable Soup Roll Dinner Ham Sandwich Fruit Apple, Red Delicious Milk Milk Milk, Chocolate	Main Entree Chicken Fajitas Yogurt Basket Vegetables Corn Fruit Oranges Fresh Milk Milk Milk, Chocolate	Main Entree Chili Con Carne with Beans Cornbread Cottage Cheese Platter Vegetables Carrots Peeled Baby Fruit Pears Canned Milk Milk Milk, Chocolate	Main Entree Gravy, Turkey Potatoes Mashed Sandwich Turkey Fruit KIWI Milk Milk Milk, Chocolate Condiments Ranch Dressing	
3/20/2023	3/21/2023	3/22/2023	3/23/2023	3/24/2023
Main Entree Meatloaf Roll Dinner Potatoes Mashed Fruit Salad Carrot Raisin Cucumbers KIWI Milk Milk Milk, Chocolate	Main Entree Ropa Vieja (Shredded Beef over Rice) Yogurt Basket Potato, French Fries Fruit Oranges Fresh Milk Milk Milk, Chocolate	Main Entree Chicken Drumstick Cottage Cheese Platter Vegetables Roasted Potato Salad Baked Sweet Potatoes & Apples Milk Milk Milk, Chocolate	Main Entree Spaghetti & Meat Sauce Garlic Toast Sandwich Turkey Milk Milk Milk, Chocolate Dessert Strawberry Sorbet	