



Menus are subject to change

Menu Calendar



Fresh fruit and vegetables available daily

This institution is an equal opportunity provider

HES Breakfast
Breakfast

Reedsport School District 105

Mon	Tue	Wed	Thu	Fri
5/1/2023	5/2/2023	5/3/2023	5/4/2023	5/5/2023
Main Entree Yogurt Fruit Apple Juice Oranges Fresh Milk Milk Milk, Chocolate Soy Milk Dessert Crackers Graham	Main Entree Pancake, Sausage Bite Fruit Orange Juice Banana Milk Milk Milk, Chocolate Soy Milk	Main Entree Muffins, Blueberry Fruit Apple Juice Strawberries Milk Milk Milk, Chocolate Soy Milk	Main Entree Bagel Fruit Orange Juice Fruit Cups Milk Milk Milk, Chocolate Soy Milk Dessert Cream Cheese	
5/8/2023	5/9/2023	5/10/2023	5/11/2023	5/12/2023
Main Entree Donut, Apple filled Fruit Orange Juice Banana Milk Milk Milk, Chocolate	Main Entree Pizza Breakfast Fruit Apple Juice Strawberries Milk Milk Milk, Chocolate	Main Entree French Toast Sticks Fruit Apple, Red Delicious Milk Milk Milk, Chocolate Juice Juice Grape	Main Entree Benefit Bar Chocolate Chip Fruit Apple Juice Oranges Fresh Milk Milk Milk, Chocolate	
5/15/2023	5/16/2023	5/17/2023	5/18/2023	5/19/2023
Main Entree Cereal Milk Milk, Chocolate Milk Dessert Crackers Graham	Main Entree Burrito Breakfast Milk Milk Milk, Chocolate	Main Entree Strudel Apple Milk Milk Milk, Chocolate	Main Entree Cinnamon Rolls Milk Milk Milk, Chocolate	



Mon	Tue	Wed	Thu	Fri
5/22/2023 Main Entree Breakfast Cookie Milk Milk Milk, Chocolate	5/23/2023 Main Entree Waffles Mini Maple Milk Milk Milk, Chocolate	5/24/2023 Main Entree Banana Bread Milk Milk	5/25/2023 Main Entree Poptart Strawberry Milk Milk Milk, Chocolate	5/26/2023
5/29/2023	5/30/2023 Main Entree Benefit Bar Chocolate Chip Milk Milk Milk, Chocolate	5/31/2023 Main Entree Pizza Breakfast Milk Milk Milk, Chocolate	6/1/2023 Main Entree Bagel Mini Strawberry Creamy Cheese Filled Milk Milk Milk, Chocolate	6/2/2023 Main Entree Donut Long John Milk Milk Milk, Chocolate



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Menu Calendar



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Highland Lunch
Lunch

Reedsport School District 105

Mon	Tue	Wed	Thu	Fri
5/1/2023	5/2/2023	5/3/2023	5/4/2023	5/5/2023
Main Entree Sausage Patty Cheese Sandwich Grilled Salad Mix Potato, Smile Vegetables Carrots Peeled Baby Fruit Oranges Fresh Banana Milk Milk Milk, Chocolate Soy Milk Condiments Ranch Dressing Ketchup	Main Entree Hot Dog Sandwich Turkey Potato, French Fries Salad Mix Vegetables Beans Green Fruit Oranges Fresh KIWI Milk Milk Milk, Chocolate Soy Milk Condiments Ranch Dressing Ketchup	Main Entree Teriyaki Chicken Yogurt Basket Salad Mix Potato, Tater Tots Fruit Pineapple Milk Milk Milk, Chocolate Soy Milk Condiments Ranch Dressing Ketchup	Main Entree Cheese Breadstick Cheese Sandwich Grilled Potato, French Fries Salad Mix Vegetables Corn Milk Milk Milk, Chocolate Soy Milk Condiments Marinara Sauce Ketchup Ranch Dressing	
5/8/2023	5/9/2023	5/10/2023	5/11/2023	5/12/2023
Main Entree Egg Cheese Muffin Cheese Sandwich Grilled Potato, Smile Salad Mix Vegetables Vegetables Mixed, Canned Fruit Oranges Fresh Milk Milk Milk, Chocolate Soy Milk Condiments Ranch Dressing Ketchup	Main Entree Corn Dog Sandwich Turkey Potato, Tater Tots Salad Mix Vegetables Carrots Peeled Baby Fruit Strawberries Milk Milk Milk, Chocolate Soy Milk Condiments Ketchup Ranch Dressing Mustard	Main Entree Chicken Drumstick Cheese Sandwich Grilled Salad Mix Potato, Smile Vegetables Corn Fruit Cucumbers Oranges Fresh Milk Milk Milk, Chocolate Soy Milk Condiments Ranch Dressing Ketchup	Main Entree Chicken Popcorn Yogurt Basket Potato, French Fries Salad Mix Vegetables Beans Green Fruit KIWI Apple, Honey Crisp Milk Milk Milk, Chocolate Soy Milk Condiments Ketchup Ranch Dressing	



Mon	Tue	Wed	Thu	Fri
5/15/2023	5/16/2023	5/17/2023	5/18/2023	5/19/2023
Main Entree Chicken Taco Sandwich PBJ Salad Mix Vegetables Corn Fruit Apple, Granny Smith Milk Milk Milk, Chocolate Soy Milk Condiments Ranch Dressing	Main Entree Burrito Bean Cheese Sandwich Turkey Potato, Smile Fruit Oranges Fresh Milk Milk Milk, Chocolate Soy Milk Condiments Salsa	Main Entree Cheese Sandwich Grilled Soup, Chicken or Turkey Noodle Roll Dinner Salad Mix Potato, Tater Tots Vegetables Carrots Peeled Baby Fruit KIWI Milk Milk Milk, Chocolate Soy Milk Condiments Ranch Dressing	Main Entree Cheese Breadstick Yogurt Basket Potato, French Fries Vegetables Beans Green Milk Milk Milk, Chocolate Soy Milk Condiments Marinara Sauce	
5/22/2023	5/23/2023	5/24/2023	5/25/2023	5/26/2023
Main Entree Sweet & Sour Chicken Sandwich Turkey Potato, Smile Salad Mix Fruit Oranges Fresh Milk Milk Milk, Chocolate Soy Milk Condiments Ranch Dressing	Main Entree Cheeseburger Cheese Sandwich Grilled Potato, French Fries Salad Mix Fruit KIWI Milk Milk Milk, Chocolate Soy Milk Condiments Ranch Dressing	Main Entree Yogurt Basket Buffalo Chicken tot Bake Potato, French Fries Salad Mix Fruit Strawberries Milk Milk Milk, Chocolate Soy Milk Condiments Ranch Dressing	Main Entree Pizza Cheese Sandwich PBJ Salad Mix Potato, Smile Fruit Fruit Mixed (canned) Milk Milk Milk, Chocolate Soy Milk Condiments Ranch Dressing Ketchup Marinara Sauce	



Mon	Tue	Wed	Thu	Fri
5/29/2023	5/30/2023	5/31/2023	6/1/2023	6/2/2023
	Main Entree Yogurt Basket Cheesy Chicken Pizza Sub Salad Mix Vegetables Corn Fruit Strawberries Milk Milk Milk, Chocolate Soy Milk Condiments Marinara Sauce Ranch Dressing	Main Entree Sloppy Joe Sandwich PBJ Potato, French Fries Salad Mix Fruit Banana Milk Milk Milk, Chocolate Soy Milk Condiments Ranch Dressing	Main Entree Fish Sticks Sandwich Turkey Salad Mix Potato, Smile Vegetables Beans Green Fruit Oranges Fresh Milk Milk Milk, Chocolate Soy Milk Condiments Ranch Dressing Ketchup	Main Entree Chicken Sandwich Cheese Sandwich Grilled Potato, French Fries Salad Mix Fruit Apple Sauce Milk Milk Milk, Chocolate Soy Milk Condiments Ranch Dressing Ketchup