



Menus are subject to change

Fresh Fruits and Vegetables available daily

This Institution is an equal opportunity provider

Menu Calendar



HES Breakfast 23/24
Breakfast

Reedsport School District 105

Mon	Tue	Wed	Thu	Fri
10/2/2023	10/3/2023	10/4/2023	10/5/2023	10/6/2023
Main Entree Cereal Bagel Yogurt Bisquit WG Gravy Sausage Breakfast Fruit Apple Slices Milk Milk Milk, Chocolate Dessert Cream Cheese	Main Entree Cereal Bagel Yogurt Muffin, Strawberry Fruit Fruit Cups Milk Milk Milk, Chocolate Dessert Cream Cheese	Main Entree Banana Bread Yogurt Bagel Cereal Fruit Apple Sauce Milk Milk Milk, Chocolate Dessert Cream Cheese	Main Entree Bagel Cereal Yogurt Pancake Whole Grain Milk Milk Milk, Chocolate Dessert Cream Cheese	
10/9/2023	10/10/2023	10/11/2023	10/12/2023	10/13/2023
Main Entree Burrito Breakfast Yogurt Cereal Bagel Fruit Fruit Mixed (canned) Milk Milk Milk, Chocolate Dessert Cream Cheese	Main Entree Waffles Mini Maple Cereal Yogurt Bagel Fruit Apple Sauce Milk Milk Milk, Chocolate Dessert Cream Cheese	Main Entree Cereal Bagel French Toast Sticks Yogurt Fruit Strawberries Milk Milk Milk, Chocolate Dessert Cream Cheese	Main Entree Pancake Apple Filled Bagel Cereal Fruit Fruit Cups Milk Milk Milk, Chocolate Dessert Cream Cheese	



Menus are subject to change
 Fresh Fruits and Vegetables are available daily
 This Institution is an equal opportunity provider



Mon	Tue	Wed	Thu	Fri
10/16/2023	10/17/2023	10/18/2023	10/19/2023	10/20/2023
Main Entree Cereal Bagel Yogurt Bisquit WG Gravy Sausage Breakfast Fruit Apple Slices Milk Milk Milk, Chocolate Dessert Cream Cheese	Main Entree Cereal Bagel Yogurt Muffin, Strawberry Fruit Fruit Cups Milk Milk Milk, Chocolate Dessert Cream Cheese	Main Entree Banana Bread Yogurt Bagel Cereal Fruit Apple Sauce Milk Milk Milk, Chocolate Dessert Cream Cheese	Main Entree Bagel Cereal Yogurt Pancake Whole Grain Milk Milk Milk, Chocolate Dessert Cream Cheese	
10/23/2023	10/24/2023	10/25/2023	10/26/2023	10/27/2023
Main Entree Burrito Breakfast Yogurt Cereal Bagel Fruit Fruit Mixed (canned) Milk Milk Milk, Chocolate Dessert Cream Cheese	Main Entree Waffles Mini Maple Cereal Yogurt Bagel Fruit Apple Sauce Milk Milk Milk, Chocolate Dessert Cream Cheese	Main Entree Cereal Bagel French Toast Sticks Yogurt Fruit Strawberries Milk Milk Milk, Chocolate Dessert Cream Cheese	Main Entree Pancake Apple Filled Bagel Cereal Fruit Fruit Cups Milk Milk Milk, Chocolate Dessert Cream Cheese	



Menus are subject to change
Fresh Fruits and Vegetables are available daily
This Institution is and equal opportunity provider



Mon	Tue	Wed	Thu	Fri
10/30/2023	10/31/2023	11/1/2023	11/2/2023	11/3/2023
Main Entree Cereal Bagel Yogurt Bisquit WG Gravy Sausage Breakfast Fruit Apple Slices Milk Milk Milk, Chocolate Dessert Cream Cheese	Main Entree Cereal Bagel Yogurt Muffin, Strawberry Fruit Fruit Cups Milk Milk Milk, Chocolate Dessert Cream Cheese	Milk Milk Milk, Chocolate		



Menus are subject to change

Menu Calendar



Fresh Fruits and Vegetables are available daily

This institution is an equal opportunity provider

HES Lunch 23/24
Lunch

Reedsport School District 105

Mon	Tue	Wed	Thu	Fri
10/2/2023	10/3/2023	10/4/2023	10/5/2023	10/6/2023
Main Entree Potato, Tater Tots Chicken Strips Vegetables Broccoli Fruit Strawberries Milk Milk, Chocolate Milk	Main Entree Corn Dog Vegetables Carrots Peeled Baby Fruit Apple Sauce Milk Milk Milk, Chocolate	Main Entree BBQ Pulled Pork Sandwich Chips, Tortilla Vegetables Carrots Peeled Baby Fruit Apple, Honey Crisp Milk Milk Milk, Chocolate	Main Entree Brown Rice Chicken Manderine Vegetables Broccoli Fruit Strawberries Milk Milk Milk, Chocolate	
10/9/2023	10/10/2023	10/11/2023	10/12/2023	10/13/2023
Main Entree Potato, Tater Tots Fish Sticks Fruit Apple, Honey Crisp Milk Milk Milk, Chocolate	Main Entree WG Pizza Cheese WG Pizza Pepperoni Vegetables Carrots Peeled Baby Fruit Apple, Honey Crisp Milk Milk Milk, Chocolate	Main Entree Spaghetti and Meatballs Garlic Toast Vegetables Celery Sticks Fruit Fruit Cups Milk Milk Milk, Chocolate	Main Entree Brown Rice Teriyaki Chicken Vegetables Broccoli Fruit Fruit Cups Milk Milk Milk, Chocolate	
10/16/2023	10/17/2023	10/18/2023	10/19/2023	10/20/2023
Main Entree Potato, Tater Tots Chicken Strips Vegetables Broccoli Fruit Strawberries Milk Milk, Chocolate Milk	Main Entree Corn Dog Vegetables Carrots Peeled Baby Fruit Apple Sauce Milk Milk Milk, Chocolate	Main Entree BBQ Pulled Pork Sandwich Chips, Tortilla Vegetables Carrots Peeled Baby Fruit Apple, Honey Crisp Milk Milk Milk, Chocolate	Main Entree Brown Rice Chicken Manderine Vegetables Broccoli Fruit Strawberries Milk Milk Milk, Chocolate	



Menus are subject to change
 Fresh Fruits and Vegetables are available daily
 This institution is an equal opportunity provider



Mon	Tue	Wed	Thu	Fri
10/23/2023	10/24/2023	10/25/2023	10/26/2023	10/27/2023
Main Entree Potato, Tater Tots Fish Sticks Fruit Apple, Honey Crisp Milk Milk Milk, Chocolate	Main Entree WG Pizza Cheese WG Pizza Pepperoni Vegetables Carrots Peeled Baby Fruit Apple, Honey Crisp Milk Milk Milk, Chocolate	Main Entree Spaghetti and Meatballs Garlic Toast Vegetables Celery Sticks Fruit Fruit Cups Milk Milk Milk, Chocolate	Main Entree Brown Rice Teriyaki Chicken Vegetables Broccoli Fruit Fruit Cups Milk Milk Milk, Chocolate	
10/30/2023	10/31/2023	11/1/2023	11/2/2023	11/3/2023
Main Entree Mac & Cheese Garlic Toast Vegetables Snap Peas Fruit Oranges Fresh Milk Milk Milk, Chocolate	Main Entree Cheeseburger Potato, French Fries Vegetables Carrots Peeled Baby Fruit Apple, Honey Crisp Milk Milk Milk, Chocolate	Main Entree Crispy Chicken Sandwich Vegetables Salad Veg Fruit Melon, Cantaloupe Milk Milk Milk, Chocolate	Main Entree Baked Ravioli Cheese Filled Vegetables Carrots Peeled Baby Fruit Oranges, Mandarin Milk Milk Milk, Chocolate	